

Nishkam provides wings to Dr. Hargunn Singh's MBBS Dream

Hargunn Singh, a proud scholarship recipient of Nishkam and an MBBS student, exemplifies how grit and determined pursuit could alter the fortunes of any individual. Despite having a modest financial background, Hargunn never reconciled with the challenges his fate posed.

Instead, he fought like a warrior possessed to pursue his dream. His inspiration to become a doctor arose when he witnessed the stories of heart surgeries of his Bua (father's sister), who was frequently ill, leaving the entire family puzzled and confused, as none in the family had needed medical knowledge to ease her suffering.

Hargunn belongs to a middle-class family in Delhi; his father, the sole breadwinner, works as a graphic designer at a Delhi-based publishing house. After Hargunn attained a high rank in the NEET exam and gained admission to the medical college of his choice, the first challenge arose of fees and related charges – a daunting task for a family with limited financial resources.

His father was guided by a family friend to Nishkam, where his case was considered sympathetically, and Nishkam agreed to provide financial support through the SHDF scholarship and education assistance from Nishkam, which helped to earn a medical degree with flying colours.

Hargunn is currently working as a medical officer at Mata Chanan Devi Hospital, Janakpuri, Delhi, and has a strong ambition to advance his career as a surgeon, which is his ultimate goal. A determined go-getter, he is striving hard to develop his skills and gain international exposure.

He has received a one-month clinical elective in Hepatobiliary Surgery at the University of Alberta from September 1–28, 2025, a training opportunity at the University of Alberta, Canada. This opportunity will allow him to broaden his academic knowledge, refine his surgical skills, and gain valuable international clinical experience in surgery. He expressed his gratitude to Nishkam for assisting him in fulfilling his dream.

Nishkam wishes him to scale new heights and attain more successes in professional life, and hopes that the example set by him will motivate many other students in Nishkam to aim as high as Hargunn.



Name: Dr. Hargunn Singh

Roll No: 20201269

Work: Medical Officer at Mata Chanan Devi Hospital, Delhi

Education: M.B.B.S.

Hometown: New Delhi

From Shattered Foundations to Designing Dreams: Nishkam powers the Journey of Jaskaran

In the quiet town of Cheeka, Haryana, Jaskaran's story began – a story not defined by its tragic turns, but by an unwavering spirit forged in resilience and the transformative power of timely support by Nishkam.

Life presented harsh challenges early on. The loss of his father in 2018, following years of financial instability, was devastating. The family's burdens, including Jaskaran's education, rested on the shoulders of his retired government teacher grandfather, who instilled in Jaskaran a profound respect for learning and academic excellence – a foundation that would prove unshakeable.

Excelling in his studies, Jaskaran earned a place in the prestigious B.Arch program in 2015. Yet, the family could barely manage daily expenses. His academic brilliance earned him the respect of his professors, but fate dealt another cruel blow during his third year.

A long-standing, unpaid bank loan led to the seizure of their family home. The subsequent shock proved too much; tragically, his grandfather passed away shortly after his father. Feeling lost, Jaskaran turned to his mentors and friends, who guided him to Nishkam in Delhi. After careful scrutiny of his application and the merits of his case, Nishkam offered him the SHDF Scholarship for professional studies.

Freed from financial anxiety, Jaskaran's academic and creative potential soared. A college project designing a stage for the participatory state at the Swadeshi Mela earned him and his team significant recognition and ₹80,000 from sponsors. This success showcased his brilliance and opened an incredible door: the chance to work alongside Prof. Ravindra Bhan, a pioneer of Indian landscape architecture, contributing to the design of the garden at Shakti Sthal, the memorial of Late Prime Minister Indira Gandhi in Delhi.

After graduating, Jaskaran gained valuable experience as a Junior Architect at JD Architects. But his childhood dream – the dream nurtured amidst adversity – was always to build something of his own. That dream is now a reality. Jaskaran has proudly opened his own architectural firm, "Sirjan Architects," in Patiala.

Reflecting on his arduous yet triumphant journey, Jaskaran, with heart full of gratitude conveyed that "I was lucky enough to receive a much-needed support from Nishkam in time of need. He added that his "success is not just personal; it fuels a desire to uplift others and said that "I want to return the favor by giving back to those who are in need. Thanks to Nishkam, who is supporting many budding Jaskarans like me."



Name: Jaskaran Singh

Roll No: 20190024

Work: Architect at
Sirjan Architects, Patiala

Education: Bachelor of Architecture

Hometown: Kaithal, Haryana



Jaskaran with Prof. Ravindra Bhan at his office



While winning Gold medal at college fest



Innaugration of the stage by ex Haryana CM

Building Futures: Sales & Marketing Course Ignites Confidence for Underprivileged Youth

Just 1 month into Nishkam's new initiative of an Intensive Sales and Marketing course (launched June 2025), a remarkable transformation is unfolding. Students from marginalised backgrounds—many initially hesitant—are now radiating newfound confidence, mastering skills that open doors to immediate employment in a dynamic industry.

For youth whose families cannot afford traditional MBAs yet urgently need income, this 2-month program is a lifeline. This course focuses on real-world, in-demand skills like Modern Persuasion, Beyond Products and Rapid Skill-Building: Nishkam's dedicated instructors have created a supportive, "feel-at-home" environment for students unfamiliar with corporate settings. This psychological safety has been crucial to their rapid progress.

With the second half of the course underway, students are now practising mock negotiations and client scenarios. Our goal remains clear: place every graduate into entry-level sales/marketing roles by September 2025—roles that offer growth, stability, and a foothold in the professional world.



S. Hardip Singh, Teacher and General Secretary at Nishkam, while conducting the session



Avid learners

Nishkam facilitates Gursimar to become a professional



Gursimar Singh, brought up by a Single Mother, enrolled in Nishkam Computer Centre and Typing Centre with high aspirations but limited resources.

His patience and perseverance exhibited during the 6-month course at Nishkam paid off when he secured a job at Concentrix, a US-based global company, where he is involved in the chat process for the Comcast sales and marketing team in Gurgaon.

To further his professional career, he is also pursuing a degree through correspondence and hopes to contribute to Nishkam when time permits. Nishkam extends warm wishes for his successful career.

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NISHKAM LIBRARY UPDATE

Breaking Barriers, Building Dreams: Sikligar Girls Claim Their College Futures

Chandani Kaur and Jyoti Kaur from Kitholi, UP, just achieved what generations before them rarely dared to imagine: admission to Bachelor of Business Administration (BBA) programs at Shanti Institute of Technology.

Born into the historically marginalised Sikligar community, these young women are rewriting their destinies—one textbook, one lecture, one bold dream at a time. For Sikligar girls, education has long been an elusive hope. Deep-rooted traditions often prioritised early marriage over schooling, while financial hardship and limited access to resources locked doors before they could even knock.

"Many in our community never held a pen," reflects Chandani. "Now we hold degrees, thanks to the support from the Nishkam scholarship." Nishkam Ignited this change through perseverance and commitment of over 30 years of sustained support, assisted by its donors.

From primary school through college, this holistic backing removed the barriers that once seemed insurmountable. Chandani and Jyoti aren't just students—they're trailblazers and ripples of Transformation. Their success shatters stereotypes and ignites ambition across Sikligar settlements in six states:

It is heartening to note that Nishkam-supported Sikligar women are becoming teachers, entrepreneurs, and community leaders.



(L) Chandani Kaur and (R) Jyoti Kaur



S. Tarsem Singh (L), Nishkam's local Coordinator, alongside the college authority, while filling out admission forms with both girls

Sikligar Education Project: Outreaching for awareness



Nishkam organised an outreach trip for Sikligar students in Haryana and Uttar Pradesh. This field trip was aimed at conducting an on-site assessment and exchanging ideas with school Management about enhancing and sustaining student enrollment and reducing the dropout rate. The school administrations were unanimous in their appreciation for Nishkam's community development programs, particularly for Sikligar students.

Nishkam team interacted with the parents of the wards and emphasised the importance of education and raising awareness about studies being a tool for the progress of the family. Special outreach was made to the parents and students who dropped out for various reasons or are irregular in attendance. The Team agreed to consider their cases for reenrollment on a priority basis and attempted to enthuse and encourage them to continue their studies.

The Nishkam team has embarked on a planned future roadmap and adopted strategies for better outcomes in promoting enrollment and continuation of schooling by Sikligar students.

NISHKAM MEDICAL CENTRE

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Dr. Manish Agrawal	Dr. Meenakshi Agrawal	Dr. Payal Sharma	Dr. RS Gulati <i>Medical Incharge</i>	Dr. Gul Sharma	Dr. Pankaj Anand	Dr. Gulshan Bajaj
Ortho Specialist	Gynaecologist	Eye Specialist	Gen. Physician	Gen. Physician	Dentist	Ortho Specialist

National Doctors' Day (July 1, 2025)

Gratitude in Action: A Salute to the Doctors at Nishkam

National Doctors' Day (July 1, 2025) reminds us of doctors' vital role in our lives. It is an occasion to recognise their relentless efforts and unwavering commitment to patient care, which have been a beacon of hope and resilience despite numerous challenges.

At Nishkam Medical Centre, our highly skilled professional Doctors, led by Dr Rajinder S. Gulati and not only provide medical excellence but also offer a healing touch.

Whether providing routine check-ups or offering emotional support during difficult times, our doctors are always there, embodying the true spirit of healthcare. This National Doctors' Day, we extend our deepest gratitude to our physicians for their commitment to their patients and the medical profession.

Seminar on Cybersecurity Awareness



Ms. Vaishali Sharma



Nishkam organised a seminar on 'Cyber Security Awareness' at Nishkam Bhawan on 25 July, with an impressive gathering of students, who enthusiastically participated to learn more about this contemporary and pertinent subject.

The main objective of the seminar was to impart understanding and knowledge about the rising incidences of cybercrimes and the potential threats associated with them. Ms. Vaishali Sharma, IT Trainer from NIIT Foundation, Delhi, a cybersecurity expert, provided a briefing on online security best practices and proactive steps to enhance cybersecurity at home and in the workplace.

She offered a detailed discussion and guidance on emerging security trends, along with practical tips to avoid cyber threats and highlighted in her discourse the contemporary scenario as to how and why AI is abetting cybercrime. The seminar helped in generating awareness among users to safeguard computer systems and networks against data leakage, theft, or damage to their hardware, software, or electronic data.

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