

NISHKAM TIMES

Empowering Minds - Enabling Underprivileged - Elevating Futures
NEWSLETTER June 2025



Nishkam SHDF scholarship makes dreams a reality for Jagjit

Though born in a modest family, with his father working as a Supervisor in a local hosiery factory in Ludhiana, Jagjit was fascinated from an early age by the medical profession and always aspired for a position in the healthcare sector.

Academic brilliance throughout his school days helped him enrol for higher studies in the health sector, unlike many of his peers who dropped out midway. However, considering his family's financial situation, Jagjit compromised on physiotherapy instead of MBBS and got admission to the Bachelor of Physiotherapy course at the All Saints Institute of Medical Sciences & Research, Ludhiana.

During the initial period, his uncle and his father's friends paid his tuition fees despite having limited financial means. Fortunately, Jagjit's college professors encouraged him to apply for the Nishkam SHDF Scholarship. As Jagjit fulfilled the required criteria, he was awarded the SHDF scholarship in the final years of his studies.

The scholarship not only assisted him financially but also provided strong moral support. Brimming with confidence and blessed with professional skills, he won the heart of his professors and was asked to give physiotherapy sessions to patients and keep the fees from clients to pay his college funds.

Jagjit currently works as a Consultant Physiotherapist at Movewell Physiotherapy Clinic and has his practice. He is well equipped with knowledge and experience and wishes to do a Master's in Kinesiology (the scientific study of human body movement) from abroad. He wants to work on technology in a mobile app where Artificial Intelligence (AI) can lead to healing the client without physical checkups and demographic challenges.

Jagjit expressed gratitude and thanked Nishkam for providing him much much-needed financial support that contributed to his becoming a professional in his chosen healthcare field. NIshkram remains committed to supporting the needy and deserving students in their pursuit of their dreams.



Name: Jagjit Singh Gill Roll No: 20150401 Work: Consultant Physiotherapist Education: Bachelor's in Physiotherapy Hometown: Ludhiana, Punjab



Certificate of Honor



Whille getting the honor in a sports meet



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Nishkam offers healing touch to Jasleen's life

No one knows when, where, or how a happy life can take a horrific turn. 36-year-old Jasleen was a bubbly, responsible, and blossoming young woman. After earning her BA (Hons.) in English from the prestigious Sri Venkateswara College at the University, she attained an MBA in Marketing. She secured a position at the renowned Outlook Group, one of India's leading media publishing houses in Delhi, where she worked for six years, ultimately holding the title of Manager in E-Commerce Marketing.

Born into a middle-class family, she lost her father shortly after he retired from Nirlep, India's leading cookware brand, in Manesar, Gurgaon, in 2005. At that time, young Jasleen was focused on her studies.

Life was proceeding normally until, unexpectedly, she began experiencing pain in her left foot while walking at work. Initially, she dismissed the pain as normal; however, when it occasionally intensified, she decided to take some painkillers. After suffering pain for nearly 4 years, she sought medical attention and was shocked by the revelation that she had been suffering from Chronic Inflammatory Demyelinating Polyneuropathy (CIDP), an autoimmune disease in which the body's immune system attacks its tissues. In CIDP, the primary target is the myelin sheath, which is essential for the transmission of nerve signals. The family exhausted nearly all of their savings, and Jasleen was constrained to leave her job, leading to a stagnant life confined to her bed. Attending Doctors have also given up hope of her cure.

A friend of her mother guided the family to Nishkam, which has been providing regular monthly medications and medical assistance for the last few years. Meanwhile, her mother has also undergone heart surgery, cataract surgery, and suffers from osteoarthritis.

Not only has Jasleen's family faced significant challenges, but one of her two sisters also suffered a heart attack and required a stent. Additionally, her elder sister lost her youngest son, who was only 20 years old, to a heart attack in September 2024.

The ailing mother, who struggles to stand, is seeking assistance for both her survival and for Jasleen's treatment, which can be addressed with therapy or medication. While Nishkam is assisting them from its limited financial resources, it requires more financial support. Anybody or any organisation that wishes to provide much-needed financial support could contact Nishkam at the coordinates on the last page



Jasleen (L) & her mother (R) when she was fit





Appeal

Facing a medical emergency can be daunting, particularly in India, where rising costs make treatment unaffordable for many. Nishkam's medical initiatives aim to support individuals and families in overcoming financial barriers to access necessary care. Donations can help uplift those in needdetails are on the last page.

Shaping a bright Future: Vijay's Journey with Nishkam

Vijay's life took a drastic turn in 2015 when a devastating accident left him with a permanent knee disability. At the time, Vijay was working as a Constable in the Central Reserve Police Force (CRPF) in Delhi, filled with dreams and aspirations for his future. However, the accident not only put his life on hold but also forced him to take early retirement.

Vijay confronted the harsh reality that, despite his accident, the CRPF was unwilling to reinstate him due to his disability and the fact that the accident occurred during his holiday period, rather than while on duty. An inquiry has been initiated to review his case, and he was advised not to return for one year. However, after this period ended, he was unable to resume his duties and had to settle for a pension, remaining at home instead.

For nearly four years, he applied for jobs but faced rejection after rejection. It was one of the darkest periods of his life, and he feared he would never secure employment. Each time he was turned down, it was primarily due to his lack of computer skills. Since then, he has been committed to learning digital skills.

Then, following a friend's advice, Vijay contacted Nishkam Computer Centre. This decision marked a significant turning point in his journey. He enrolled in Nishkam's computer training program, which completely transformed his perspective and career trajectory.

His depression gradually gave way to confidence, and Nishkam's trainers helped him improve his digital skills, making him much more effective for upcoming job opportunities. After mastering the basics, he is now acquiring graphic design skills. Hailing from the Samba district of Jammu and Kashmir, his entire family is involved in the armed forces. With two daughters at home, he is living in a rented house in West Delhi.

Vijay's confidence is at an all-time high, and he is once again dreaming of the future he envisioned before the accident. His journey from despair to success exemplifies the life-changing impact of Nishkam's support and the power of resilience.

DID YOU KNOW ?



While learning at Nishkam Computer Centre



Vijay When he was in services- in CRPF

NISHKAM COMPUTER CENTRE COURSES

- Basic Computer Course
- Advance Excel
- Basic and Advanced Graphic Design
- CorelDRAW, Photoshop, Illustrator, Pagemaker, After Effects, Canva, Figma, UX/UI, Blender, Premiere Pro, Python, Motion Graphics,
- Video Editing



42% TOTAL ENROLLMENT HAS INCREASED OVER THE LAST THREE YEARS · 2021-2024 NISHKAM COMPUTER CENTRE UPDATE

Laying the Foundation for Career Growth: Sales and Marketing Course held at Nishkam Centre

In today's fast-paced world, entry-level candidates face a highly competitive landscape where authentic, in-demand skills are the key to securing meaningful employment. The newly launched Sales & Marketing Training Program at Nishkam, comprising eight sessions of two hours each over two months, is more than just a workshop—it is a transformative journey.

Approximately 45 students from the Nishkam Tuition Centre attended the orientation session on Friday, June 27, 2025. Esteemed program trainers S. Ranjit Singh, S. Ranjeet Singh Walia, and S. Gurpreet Singh Kapoor addressed the students to emphasise the importance of acquiring meaningful skill sets and inspired them with their own experiences and achievements. Following individual counselling on June 28, 2025, 17 candidates were selected for the first batch of this training program.

The program has been launched by experienced professionals. S. Hardip Singh, former Associate Director at Sanofi IQVIA and currently General Secretary at Nishkam, brings immense value through his extensive experience and distinguished career in corporate sales and marketing. Two other seasoned experts with over two decades of industry experience—S. Harmeet Singh (Perfume Point, a rapidly growing business venture) and S. Harmeet Singh Chopra (Tax Head at Jubilant FoodWorks Ltd.)—along with their team members- will conduct the classes. Both are exemplary individuals who embody passion and commitment to their mission. Notably, having spent their childhood in Tilak Vihar, Delhi, they overcame significant challenges to achieve success. Understanding the obstacles faced when navigating career paths, they are dedicated to contributing part of their time to community welfare.

Their program is designed to cultivate bright young talent by equipping participants with strategic thinking, effective communication skills, and the confidence needed to thrive in today's job market. Through practical exercises, real-world case studies, and role-playing scenarios, students will not only learn but also apply their knowledge.

Participants are expected to emerge with a positive mindset, a strategic toolkit, and a market-ready skill set suitable for entry-level positions. The program serves as a launchpad—a stepping stone toward a future where a career is not merely a job but a fulfilling and purposeful journey.







S. Gurpreet Singh Kapoor





Orientation Session organized in Nishkam Bhawan for Polytechnic aspirants





An Orientation Session explaining eligibility, admission procedure & popular Diploma courses in ITI successfully concluded with about 150 prospective students in attendance at Nishkam Bhawan.

S. Amrit Pal Singh, Director (Training), Ministry of Skill Development, during an hour-long interactive session, provided deep insights & guidance on the admission process, timeframe, courses on offer, and opportunities for underprivileged students about affordable vocational training at highly competitive rates while ensuring government-approved certificates/diplomas.

As ITI courses equip students with practical skills, enhancing their employability and better career prospects in vocational jobs in both the government & private sectors, Nishkam is committed to supporting and guiding students interested in pursuing vocational and skill development courses in ITI.

Honouring the Legacy: Nishkam pays solemn tribute to Volunteer S. Chanpreet Singh Ji

In the realm of volunteerism, some souls shine brighter than others. Today, we at Nishkam pause to honour the memory of a cherished member of our volunteer community, whose dedication and passion left a lasting impact on all. On 20 June 2025, S. Chanpreet Singh Ji departed for his heavenly abode.

Chanpreet, son of S. Narinder Singh ji, a longstanding pioneer member of Nishkam and a devout Sikh, had SEWA running in his blood. He was more than a helping hand and actively led events, contributed immensely to educational projects, particularly for conducting interviews and administering written tests for scholarship exams and dedicated many months to learning computer skills at the Nishkam Computer Centre.

Demonstrating a legacy of compassion, he even paid the fees for a needy student at the computer centre. Without boasting about their contributions, he quietly supported those in need, remaining grounded and humble to the core.

As we mourn the loss of such a remarkable individual, we also celebrate the enduring impact of his life's work. Departing at the age of 49, his spirit of generosity continues to inspire all at Nishkam, reminding us of the power each person possesses to make a difference. Let us honour Chanpreet's memory by carrying forward the values of compassion, service, and unwavering dedication for making a difference in the lives of the underprivileged of our society.

Open for Admissions





S.Chanpreet Singh while taking the interview of scholarship student

STENOGRAPHY (SHORTHAND) & TYPING COURSE

SCHEDULE

SHORTHAND CLASSES

5:00 PM to 6:00 PM (Monday to Friday)

7:00 PM to 8.30 PM (Monday to Saturday)

TYPING CLASSES (Computer & Manual Typewriters)

9:30 AM to 5:30 PM (Monday to Saturday)

SHORTHAND COACHING BY SSC TOPPER

कम समय में स्टेनोग्राफ़ी टाईप शॉर्टहेंड सीख कर पायें सरकारी नौकरी

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HE WHO SERVES SELFLESSLY, MEETS THE LORD
Nishkam Sikh Welfare Council



Nishkam aids Scrap Dealer Madhu's Fight for his Daughters' Education



Madhu Bhimappa Hanamasagar (L) in a standing row, the father of 5 along with parents and his family

In the Sikligar community of Nippani, Karnataka, 41-year-old scrap dealer Madhu Bhimappa Hanamasagar nurtured a cherished desire to secure a quality education for his four daughters, despite overwhelming odds.

A turning point came when Nishkam volunteers visited Nippani's Sikligar Basti. Witnessing the organisation's genuine commitment to uplifting marginalised families through education ignited a spark of hope in Madhu.

In 2017, he took a leap of faith and applied for support. For the past 8 years, educational assistance from Nishkam has transformed his dream into reality, and now all four daughters—Sneha Madhu Hanamasagar (16 years), Srushti Madhu Hanamasagar (14 years), Shreya Madhu Hanamasagar (12 years), and Shradha Madhu Hanamasagar (9 years)—are receiving quality education in public schools.

In his message, Madhu stated, "Before Nishkam, school was a distant dream. Today, my girls are learning, growing, and building futures. This support isn't just help—it's hope for generations."

WE MAKE A LIVING BY WHAT WE GET, BUT WE MAKE A LIFE BY WHAT WE GIVE

- WINSTON CHURCHILL

Your TAX- FREE Donation can TRANSFORM LIVES in need

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www.nishkam.org/donate/

