

NISHKAM TIMES

Empowering Minds - Enabling Underprivileged - Elevating Futures
NEWSLETTER April 2025



Breaking Barriers, Building Dreams—Ajeet Kaur's Journey from Humble Roots to Pioneering Science

In a world where circumstances often dictate destinies, Ajeet Kaur's story shines as a testament to the power of grit, vision, and community support. Born into a Sikligar family in Hubli, Karnataka—a community historically marginalised and known for early marriages—Ajeet dared to dream beyond societal norms. Today, she is charting a rare and inspiring path toward becoming "Dr. Ajeet Kaur," a pioneer in Life Sciences, proving that poverty cannot extinguish ambition when fueled by opportunity.

From her school days, Ajeet exhibited an insatiable curiosity for science. Supported by Nishkam, who is dedicated to empowering underserved communities, she transformed this curiosity into unwavering determination. Excelling academically, she earned a B.Sc. in Medical Laboratory Technology from Shri Dharmasthala Manjunatheshwara University, Dharwad—a milestone few in her community achieve. Today, as an intern at SDM College of Engineering & Technology, she hones her skills, preparing for the next leap: an M.Sc. in Embryology, followed by a Ph.D.

In Ajeet's community, young women are often expected to marry early, their aspirations sidelined by tradition. Yet Ajeet's family, despite their modest means—her father works in iron and metal fabrication—chose to champion her dreams. "My parents believed in me when society questioned," she reflects. Their courage and Nishkam's mentorship allowed Ajeet to shatter ceilings. Her pursuit of embryology—a field rarely explored in her community—is not just a personal triumph but a beacon of hope for Sikligar girls who now see new possibilities.

Ajeet's journey is far from over. Having applied for her M.Sc., she eyes a research fellowship in two years, determined to contribute to cutting-edge science. "I want to prove that no dream is too big, no barrier too high," she says. Her vision extends beyond accolades: she aims to uplift her community, inspiring others to pursue education and defy limitations.

Ajeet's story is one of many. Nishkam's support has been pivotal, transforming lives through education and advocacy. By investing in Ajeet and countless others from underprivileged backgrounds, we don't just uplift individuals—we ignite cycles of change. "Nishkam gave me wings," Ajeet shares. "Now, I want to help others soar."





While getting the Official Blazer after the Oath Ceremony



A versatile performer, singing shabads Watch the Video !

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From Vegetable Cart to Computer Lab: Arun's Journey of Resilience in West Delhi

In the bustling lanes of Guru Nanak Nagar, West Delhi, 19-yearold Arun Kumar used to push a vegetable cart daily, navigating narrow streets and the weight of responsibility as the eldest son of a struggling migrant family. But behind his quiet determination lies a story of resilience—one fueled by dreams of financial independence and a newfound hope sparked by a computer course at Nishkam Computer Centre.

Arun's life changed overnight when his father passed away in 2021, forcing the family to migrate from their ancestral village in Farrukhabad, Uttar Pradesh, to Delhi. As the eldest of four siblings, he shouldered the burden of supporting his mother, a factory helper, and his younger brothers. The financial strain became unbearable: his sister dropped out of school at 16, and Arun abandoned his childhood dream of joining the police force. "Survival became our priority," he says.

While selling vegetables, Arun often wondered if his fate was sealed—until a friend mentioned Nishkam Computer Centre. Intrigued, he visited the centre, where counsellors introduced him to courses in digital literacy and encouraged him to the thought that 'computers could be his ticket to a stable job'. Despite juggling 12-hour days at the cart, Arun enrolled in basic computer classes, completing the course in just three months.

Initially, Arun hid his vegetable vendor job, fearing judgment. But the skills he gained at Nishkam—from typing to using spreadsheets—rekindled his self-belief. "Now, I tell people proudly: I sell vegetables by day and study computers by night," he smiles. His mother, though weary, beams with pride: "He's fighting for all of us."

Today, Arun eyes advanced courses in software and accounting, determined to transition from the streets to an office job. "I want to earn with dignity, not fear," he says. His goal? To ensure his siblings complete their education and his sister resumes hers. Nishkam's free courses have become a beacon for marginalised youth like Arun. "Education isn't a luxury—it's empowerment," says the centre's Incharge. "Arun's progress proves that with opportunity, talent thrives."

Arun's journey mirrors the struggles of countless migrants who flock to cities chasing stability. Yet, his story stands apart—a testament to grit and the transformative power of skill-building. As he balances invoices on his cart's rusty scale and practices Excel sheets at night, Arun embodies a quiet revolution: one keystroke, one vegetable sold, at a time.

"Poverty pushed us to Delhi, but education will pull us forward," Arun asserts. His cart still rolls through Guru Nanak Nagar, but his eyes are fixed on a brighter horizon—one where his family's struggles pave the way for their success



While learning at Nishkam Computer Centre



Arun while selling the vegetables

DID YOU KNOW?



75% INVESTED IN GIRLS' EDUCATION

SCHOLARSHIPS AND EDUCATION PROJECTS

From Fields to Academia: Sukhjeet's Journey of Tenacity and Triumph

In the quiet village of KotSadar Khan, Punjab's Moga district, Sukhjeet's story began amid the rustling wheat fields and the humble earnings of his father, a small-scale farmer and part-time medical assistant. Because of his perseverance and steely resolve, today, he stands as an Assistant Professor at Guru Nanak Dev Engineering College, Ludhiana, a PhD candidate, and a beacon of hope for countless students. His journey, marked by financial hardship and unwavering determination, is a testament to the transformative power of education and community support.

Growing up in a family where every rupee was earned through sweat and sacrifice, Sukhjeet learned early the value of resilience and was driven by the motto "Education is perhaps the only ladder to a better life". After completing his matriculation, Sukhjeet heeded the call to pursue engineering, enrolling in a local Polytechnic College. But the path was fraught with challenges: tuition fees, books, and daily expenses loomed large over his aspirations. Fortune smiled when Sukhjeet secured scholarships from the SHDF (Sikh Human Development Foundation), facilitated by Nishkam.

This financial aid became the cornerstone of his academic journey. With renewed vigour, he earned his B.Tech in Mechanical Engineering, followed by a Master's in Industrial Engineering—with distinction. "The scholarships didn't just fund my education; they fueled my belief in myself and powered my dreams", he shared with us. Sukhjeet's career blossomed at the intersection of industry and academia. He honed his skills at Sonalika Tractors, contributed to operational efficiency at Nestlé Moga, and engaged in impactful research with J-PAL South Asia.

Alongside, his academic prowess shone through presentations at national conferences and publications in reputed journals. Each role reinforced his resolve: "Knowledge is worthless unless it uplifts others." Now an Assistant Professor, Sukhjeet moulds future engineers while pursuing his PhD. His classroom is a canvas where theory meets real-world application, inspired by his industry experience. "Teaching is my seva (service)," he says. "If I can ignite curiosity in one student, I've achieved my purpose."

Sukhjeet's success is steeped in gratitude. "Without SHDF and Nishkam, I'd still be dreaming," he admits. His story is a clarion call to invest in education: "When you support a student, you don't just change a life—you transform generations."To young learners facing adversity, Sukhjeet offers: "Let hardship be your motivation, not your cage. With grit and the right support, even the steepest mountains can be climbed."

Sukhjeet's journey underscores the ripple effect of educational empowerment by Nishkam. "Education is the alchemy that turns struggle into strength."



Name: Sukhjeet Singh Roll No: 20944 Hometown: Village Kot Sadar Khan, Dharmkot, Moga Profile: Assistant Professor Organisation: Guru Nanak Dev Engineering College, Ludhiana Education: M.Tech in Industrial Engineering



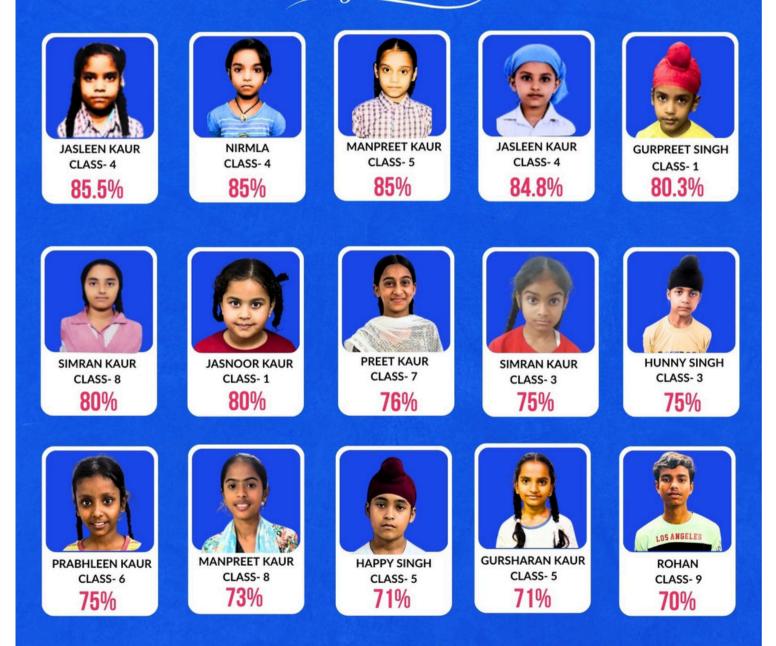
Dronacharya Award - mBAJA 2024 Conferred by Society of Automotive Engineers, India.

66% BENEFICIARIES BELONG TO RURAL BACKGROUND

SCHOLARSHIPS AND EDUCATION PROJECTS



ACADEMIC ACHIEVERS 2024-25 COACHING BY - NISHKAM TUITION CENTRE Congratulations,



KEEP IT UP!

In Loving Memory of S. Gurcharan Singh Ji (1939–2025)

It is with profound sorrow, Nishkam announces the passing of Sardar Gurcharan Singh Ji, a cherished member of the Nishkam family, who departed this world on 6 April. A man of unwavering dedication and boundless compassion, his life was a testament to service, humility, and the transformative power of education.

Following his retirement as a Superintendent from the Directorate of Education, Government of NCT Delhi, S. Gurcharan Singh Ji devoted over 2 decades to Nishkam as a selfless Sewadar. As Co-Co-Convener of the Nishkam Scholarship Project, he touched countless lives, enabling underprivileged students to pursue their academic dreams.

Colleagues remember him as a pillar of wisdom, always ready to mentor, guide, and uplift those around him. He believed "education was the greatest equaliser." Gurcharan Singh Ji's gentle demeanour, infectious optimism, and commitment to seva left an indelible mark on all who knew him.

"Some souls leave footprints not on sand, but in hearts. Gurcharan Singh Ji's light will forever guide us at Nishkam."





S. Gurcharan Singh ji {R} while giving scholarship cheque to student

Celebrating Vaisakhi - Khalsa Sajna Divas









The students of Nishkam Tuition Centre and Nishkam Music Centre came together to celebrate Khalsa Sajna Divas (Vaisakhi) with great enthusiasm. The program, led entirely by children, showcased their talents and understanding of Sikh values.

Students delivered thoughtful speeches on the importance of Khalsa character, the significance of Amrit, and the values that define a true Khalsa. The Nishkam Music Centre students impressed the audience with their classical rendition of Gurbani kirtan, filling the atmosphere with spiritual energy.

Teachers from both centres were felicitated where thev on stage, encouraged students to embody the values of Khalsa Sajna Divas in their daily lives. The event was are sounding success, reflecting the centres' commitment to nurturing the spiritual, moral, and creative growth of their students.

Rahat Fatima: A Journey of Resilience and Aspiration



Hailing from a lower-middle-class household in West Delhi, Rahat Fatima shoulders the weight of responsibility as the eldest sibling in her family. Her father, a daily-wage electrician, is the primary provider, yet his earnings remain insufficient to secure the family's future. Growing up, Rahat witnessed his relentless labour, which is a testament to his dedication and a stark reminder of their financial fragility.

Her reality is compounded by the norms of her community, where early marriage for girls is commonplace, and education and economic independence for women are often dismissed. Cultural stigmas against female empowerment loom large, casting shadows over aspirations like Rahat's.

Yet, undeterred, Rahat completed her schooling and resolved to chart a different path. Convinced that specialised computer skills held the key to upward mobility, she sought an affordable training centre—a quest that led her to Nishkam.

Enrolling without hesitation, she completed a rigorous 6month course, emerging with newfound confidence. Today, Rahat is preparing for the Diploma in Elementary Education (D.El.Ed) entrance exam.

Equipped with graphic design expertise, she envisions creating dynamic teaching tools to enhance education. Her time at Nishkam, she affirms, has fortified her professional foundation, empowering her to aspire beyond societal constraints.

Driven by the goal of becoming her family's primary breadwinner, Rahat now stands poised to uplift her siblings and rewrite her community's narrative—one where education and determination triumph over circumstance.

At Nishkam, we witness such stories of the transformative power of education, so help us in whatever modest way to transform more lives in need.

"NO ONE IS USELESS IN THIS WORLD WHO IGHTENS THE BURDENS OF ANOTHER."

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