

NISHKAM TIMES

Empowering Minds - Enabling Underprivileged - Elevating Futures NEWSLETTER March 2025



Sanjana's Inspiring Journey: Nishkam's powers CA dreams of a Sikligar student

Born into a Sikligar family in Kolhapur, Maharashtra, Sanjana grew up watching her father work tirelessly as an iron fabricator to support their family. Despite financial struggles, she refused to let circumstances define her future. Excelling in academics from a young age, she dreamed of breaking the cycle of hardship and creating a life of stability and success.

A defining moment came in 2017 when she heard Prime Minister Narendra Modi's powerful words to Chartered Accountants: "Your signature is more powerful than that of a Prime Minister. That signature is a testimony to trust in the truth." Inspired, Sanjana set her sights on becoming a CA-a profession built on integrity, expertise, and the power to shape financial trust.

With relentless determination, she scored an outstanding 96% in her 10th and 12th board exams, proving her academic brilliance, but the path to CA was not easy—course fees, study materials, and the need for a laptop posed significant challenges. That's when Nishkam, recognizing her potential, stepped in to support her journey.

From funding her CA Foundation course to providing a laptop for her studies, Nishkam became a pillar of encouragement in her pursuit of excellence.

Today, with the support of Nishkam, Sanjana is pursuing her B.Com alongside her CA studies, balancing hard work and ambition with the same resilience that has always driven her. Her journey is a testament to the power of determination, opportunity, and unwavering support. Sanjana's story reminds us that no dream is too big when met with perseverance and the right guidance.

From a small village in Maharashtra to the halls of chartered accountancy, she is proof that talent knows no barriers—only possibilities and that with the right belief and support, every aspiring mind can script their own success story.









Being honoured at College



Sharing Insights on the College's Annual Day. Watch the Video!

Proud moments- Sanjana shining bright on posters















Nishkam Rescues Two Siblings from a Life Without Education

In a heartwarming story of intervention and support, Nishkam Tuition Centre has come to the aid of two siblings, Ruby Kumar (12) and Aditya Kumar (6), who had lost access to education and were unable to continue their studies.

The children of a cobbler, Ram Prasad, Ruby and Aditya, migrated with their family from the Barabanki district in Uttar Pradesh to Delhi. However, due to financial constraints and a lack of resources, they were unable to enroll in school. Their plight came to light when social activist Gagandeep Singh Goldi discovered their plight and brought them to Nishkam's tuition center.

It was deeply concerning for us at Nishkam to find that Ruby, at 12 years of age, struggled to read Hindi and English and lacked basic mathematical skills. Aditya, at six, had no understanding of counting or the alphabet - skills expected at his age.

With the dedicated support of Nishkam's teachers, the siblings are now receiving special remedial classes to bridge their educational gap and will facilitate their admissions in regular schools.

Nishkam's commitment to uplifting underprivileged children extends beyond academics.

The center provides not only regular academics but also emotional and social support to children from challenging family backgrounds—those with separated parents, families facing prolonged illness, or those affected by drug/alcohol abuse.

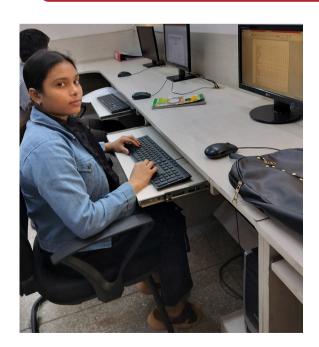
This initiative underscores Nishkam's mission to address the unique challenges faced by disadvantaged children and highlights the transformative impact of targeted educational support.





Ruby and Aditya along with their father

From Child Bride to Empowered Learner: Jannati's Journey of Resilience



Jannati Khatoon
"I refused to let my past
dictate my future."

At just 14 years old, Jannati Khatoon was married off. By 15, she was a mother. Born into poverty in Cooch Behar, West Bengal, her early life was marked by struggle-enduring an abusive marriage, societal neglect, and the crushing weight of responsibility. For years, she suffered silently, believing her fate was sealed. But deep inside, a fire burned: the desire to reclaim her life. With a burning desire to break free and start all over again, dropping behind the shadows of her past, Jannati moved to Delhi, working as a housemaid to survive. Yet, she dreamed of more-education, independence, and dignity. A turning point came when her employer, moved by her determination, guided her to Nishkam Tuition Centre and Nishkam Computer Centre. At Nishkam's Tuition Centre, Jannati found not just lessons but hope and aspiration for rebuilding her life - one step at a time. Currently, Jannati is pursuing her 8th-grade education through Nishkam's coaching in Maths and English. She has also enrolled in Computer Learning classes, aiming for a career in office administration and hopes to transform her struggles into strengths to prove to society that courage can rewrite destiny. She mentioned to the Newsletter reporter that "I may have started late, but I won't stop". Nishkam hopes to provide all the needed support to Jannati Khatoon to shape a new and promising future because every Jannati deserves a second chance.

6-Day Personality Development Camp for Children: Fostering Physical and Mental Resilience

From March 20 to 26, 2025, Nishkam organized a six-day Personality Development Camp aimed at empowering young students from underprivileged backgrounds. Conducted under the guidance of dedicated teachers and Nishkam volunteers from the Tuition Centre, the camp saw enthusiastic participation from over 60 children, who engaged in a structured program designed to enhance their physical stamina, moral values, and self-confidence.

The daily sessions included Spiritual enrichment through Gurbani recitals; Physical fitness activities such as aerobics and structured exercises; Educational engagements, including a science quiz and short films on environmental awareness and ethics; Interactive workshops by expert speakers to bolster courage, resilience, and character; and Recreational games to foster teamwork and joy. The camp concluded with an educational excursion to Delhi's iconic National Rail Museum, Air Force Museum, and Nehru Park, leaving participants with lasting memories. Nutritious meals were provided daily, and certificates of participation were distributed to acknowledge the children's efforts

For Detailed Coverage Click & watch on Facebook











Shaping Futures & Forging bonds with Forgotten Sikligar Sikhs







On March 22, 2025, Nishkam hosted an impressive get-together with 60+ Sikligar families at Nishkam Bhawan. Sikligar Students and parents from Haryana and Uttar Pradesh attended a career counselling session to explore career options & skill development.

Enthusiastic participation from female students, accompanied by their parents, marked a significant breakthrough in the Sikligar community, highlighting the trust and confidence that Nishkam & education have brought in them.

The event featured inspiring stories of success from accomplished individuals who had achieved success with Nishkam's financial support. Valuable insights were also shared by village coordinators, highlighting key areas of focus.

The day concluded with a 'langar' and one-on-one meetings between students and Nishkam's sewadaars, comprising professionals and veterans from diverse fields. These dedicated individuals bring their expertise and experience to guide and mentor Sikligar students, empowering them to shape a brighter future.

In keeping with its mission for over 20 years, Nishkam has been empowering Sikligar children with education across 7 states. Currently, Nishkam is supporting 1000+ students annually & actively reinforces bonds of love and trust with Sikligar families.

A big Thank you to Jaspal Kaur Public School

Jaspal Kaur Public School (JKPS)made a generous donation of books for the Grade 1-12 students of Tuition Centre during the visit of Nishkam's Education team to their school on 18 March. These books are proposed to be added to the Library and could be loaned to the children for the academic session and otherwise. Nishakm thanks JKPS for always being supportive of its educational activities and projects.



Empowering through knowledge & Education

Nishkam Sikh Welfare Council is glad to announce the award of scholarships of up to Rs 40000 to 49 needy students pursuing professional courses in the academic session 2024-25.

Cheques to 18 Delhi-based students were handed over at a solemn ceremony at Nishkam Bhawan on Mar 22, while Punjab-based students will receive theirs soon!

Nishkam is committed to also providing the required support & mentorship and skill development opportunities. Congratulations to all scholarship recipients!



DID YOU KNOW?

20+ YEARS OF FAMILY ASSISTANCE

SO FAR WE HAVE GIVEN



Rs. 21.65 Lakh has been spent on 177 families in 2023-24

YOUR SUPPORT HAS MADE ALL THE DIFFERENCE.

Nishkam Hosts Insightful CUET Counselling Session



Nishkam organized an interactive counselling session for students preparing for the Central University Entrance Test (CUET) on 13 March. The session, attended by 25 participants, provided insights into the admission process, career planning, and strategic decision-making. Two distinguished speakers, Dr. Jasmeet Kaur and S. Harminder Singh, offered expert guidance. The session concluded with a Q&A round, allowing students to clarify questions on exam preparation, course selection, and university preferences. Nishkam remains committed to empowering students through such guidance initiatives.

NSWC Sikligar Team Visit to Aligarh

The Nishkam Sikh Welfare Council (NSWC) Sikligar Team visited Aligarh on March 18, 2025, to review the progress of ongoing projects. The team met with the management and students of SSD Intercollege to discuss challenges and successes in providing education to Sikligar students. They also interacted with alumni, including Sd. Om Bir Singh and Sd. Rohit Singh, who offered to support NSWC's initiatives. The team visited Sikligar colonies, engaging with parents and emphasising the importance of education. The visit was productive, strengthening NSWC's commitment to empowering Sikligar students through education.

We look forward to continued efforts to address challenges and expand support initiatives in Aligarh.





Compassion becomes real when we recognize our shared humanity (Pema Chodron)

Nishkam Medical Centre (Polyclinic)

Nishkam's Medical Centre is headed by Dr. R.S. Gulati, an alumnus of Maulana Azad Medical College, who, post his retirement as Deputy Director General in the Ministry of Health and Family Welfare in 1997, voluntarily donated his time and energies in transforming this modest polyclinic in Tilak Vihar into a go-to Clinic for affordable and quality healthcare. Over the years, Nishkam Medical Centre has gained a reputation for providing excellent patient care while offering a human touch.

Nishkam's Medical Centre proudly offers specialized assessments & treatment through well-known Ophthalmologist, Gynaecologist, Orthopaedic surgeons, ENT Specialist, Dental Surgeon, Maternal & Child Health and Family physicians. It also provides affordable Lab services and Radiological services.

Nishkam's Medical Centre played a crucial and commendable role during the COVID-19 epidemic through outreach to patients at home and providing much-needed Oxygen Concentrator service on an NO COST basis. In addition, secure transportation was also extended to patients in need of emergency care.



Dr. R.S. Gulati Incharge







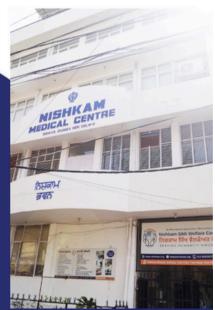
Facilities

- General OPD
- Dental Care
- Eye Care
- Gynaecology (Women Care)
- Orthopedic (Bone, Muscles/Joint Care)
- ENT Care (Ear, Nose and Throat)
- Pharmacy
- Medical Tests/Ultrasound, MRI, CT Scan X-Rays etc at concessional rates

UPDATE

18, 490 Patients

provided treament during 2024-25



40 years of providing affordable, accessible and quality Medical assistance to the needy and underprivileged.



Nishkam Bhawan, B-Block, Tilak Vihar, New Delhi-18



HE WHO SERVES SELFLESSLY, MEETS THE LORD



Nishkam Sikh Welfare Council ਨਿਸ਼ਕਾਮ ਸਿੱਖ ਵੈਲਫੇਅਰ ਕੌਂਸਲ

SERVING HUMANITY SINCE 1984

Nishkam Tuition Center Admission started for Classes 1 to 12

Class 1 to 5 - All Subjects

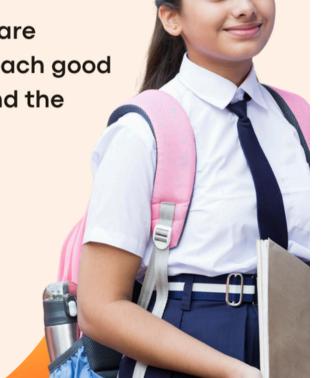
Classes 6 to 10 - English, Maths, Science and Social Studies Class 11 to 12 - Accounts, Economics, Political Science

FEATURES

- Nominal tuition fees
- Qualified and experienced teachers
- Audio Visual System
- Arrangements to teach basic English and Maths to weak students
- Special camps and movie shows are organised from time to time to teach good behaviour, respect for parents and the importance of cleanliness.

Classes start from 1st April

- Contact: WhatsApp (S) 7011831026, 8306726995
- Nishkam Bhawan, B-Block, Tilak Vihar, New Delhi 18



In Memoriam: S. Kulbir Singh aka Hindi Singh (1950–2025) – Farewell to a Quiet Giant

"True greatness lies not in status, but in selfless service."



With heavy hearts, we bid farewell to Sardar Kulbir Singh ji (75), a towering beacon of humility and resilience, who passed away on March 30, 2025, after living a life of Service, Courage, and Humility. A man of few words but boundless action, his life was a testament to the power of quiet determination and unwavering compassion. Popularly known as a 'Masiha' amongst 1984, Kulbir Singh ji, through his dedication and commitment, emerged as a Pillar of Strength in times of Darkness.

In the aftermath of the 1984 riots, when despair gripped countless families, Kulbir Singh Ji became a steadfast ally for the victims. He fought tirelessly to secure government jobs and pensions for widows, ensuring dignity for those left shattered. But his service went beyond paperwork—he knelt beside the grieving, offering solace through Gurbani Kirtan, lifting spirits with motivational stories, and even playing with children in parks to restore joy where trauma lingered. Despite his prestigious role as Principal Private Secretary in the Ministry of Defence, Kulbir Singh ji's humility knew no bounds. During the construction of Nishkam Bhawan (1986–1992), he could often be found laboring as a gardener or security guard after office hours—a silent reminder that no work is beneath those who serve a higher purpose.

Until his last breath, he nurtured the legacy of Music and Mission at Nishkam's Music Center, believing in Gurbani's power to heal and unite. His life was a symphony of service, sacrifice, and sincerity—a melody that will echo for generations. Kulbir Singh Ji did not seek accolades; he sought impact. He understood what it meant to be human—and to be humane. Today, as we mourn his passing, we also celebrate a life that taught us how to live: with courage in our convictions, kindness in our hands, and faith in our hearts. We salute you, Sardar Kulbir Singh ji. Your light will never dim & your legacy will continue at Nishkam Sikh Welfare Council. S Kulbir Singh ji's life was also covered in the BBC Punjabi and can be seen at (Click below the BBC icon)

BBC NEWS ——— ਪੰਜਾਬੀ

"The measure of a life is not in years, but in the life one lives to transform lives while living"

No act of kindness is ever wasted, howsoever small it may be

Your TAX- FREE Donation can TRANSFORM LIVES in need

A/c Name: NISHKAM SIKH WELFARE COUNCIL (Regd.) A/c No: 910010017858448 IFSC Code: UTIB0000079 Bank Branch: AXIS Bank Vikaspuri, New Delhi-18

www.nishkam.org/donate/







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