



SERVING THE HUMANITY  
IRRESPECTIVE OF CASTE  
CREED OR RELIGION  
(SINCE 1984)

**33 Years**  
of

**SEWA** | SCHOLARSHIPS  
EDUCATION  
WELFARE  
ASSOCIATIONS

A Selfless Initiative by:

**NISHKAM**

SIKH WELFARE COUNCIL (Regd.)



Congratulations

CLASS OF  
**2017**

MAY THEIR  
ACHIEVEMENTS  
INSPIRE THE  
WORLD AROUND  
FOR  
BETTERMENT



TO DO SELFLESS SERVICE AND SHARE RESOURCES

[www.nishkam.in](http://www.nishkam.in)

# NISHKAM TIMES

MARCH & APRIL 2018 NEWSLETTER



[www.nishkam.in](http://www.nishkam.in)



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## SHDF Scholarships to brilliant and needy students



Sikh Human Development Foundation (SHDF) - USA in association with Nishkam Sikh Welfare Council (Regd.), New Delhi, (Nishkam) received an overwhelming 1118 applications this year, and after careful consideration 656 beneficiaries received scholarships worth Rs. 1.43 Crore. These students are pursuing Engineering, Business, Computers, Nursing and Pharmacy at Undergraduate/Postgraduate levels. SHDF offers scholarships every year to brilliant needy students. Nishkam, the associate partner of SHDF has been imparting, organizing and promoting the scholarships since 2000 in India. The project was started with 22 scholarships and in the span of 18 years; it has crossed 650 scholarships mark.

Nishkam as part of its Annual Scholarship Program 2017-2018, distributed scholarships in five phases— April 15(Amritsar); April 22 (Ludhiana) 28 April (Bathinda); April 29 (Faridkot and Moga) and May 5 (New Delhi)

## MCM Scholarships Merit-cum-Means Scholarship

Likewise every year, Nishkam awards scholarships to meritorious university students of Punjab and Delhi. A total of Rs. 36.75 Lacs in scholarships has been awarded to 222 students. The aim of the scholarship initiative is to provide financial support to bright but needy students who achieve academic distinctions in arts, commerce, science and professional courses.

### TOP FIVE STUDY STREAMS

- 1.NURSING
- 2.ENGINEERING
- 3.IT/COMPUTERS
- 4.BUSINESS MANAGEMENT
- 5.AGRICULTURE

### GENDER RATIO

**79% FEMALE**



**21% MALE**

**70% OF OUR  
BENEFICIARIES COME  
FROM RURAL  
BACKGROUND**



**IMPACT**

“Alone we can do so little;  
**together**  
we can do so much.”

~Helen Keller

## Sharing is Caring



S. Mohan Singh

S. Mohan Singh, 87, a very dedicated Founder Member of Nishkam presently based in USA visited India on 3-March-2018 and shared his valuable suggestions for strengthening various areas of Nishkam Projects for downtrodden and needy.

Nishkam has always been benefited from thoughts of S. Mohan Singh ji. We wish him all the best of luck for his future and may his thoughts contribute to inspire Nishkam.

## Building homes, inspiring hopes

Sikligar Sikhs are no less than nomads; they roam and start living in hutments for short duration just because of their work. The process of migration mapping, which was a challenging task but with the support of volunteers/ associates, we helps them.

Our dedicated Volunteer Ms. Ranjit Kaur at Hubli (Karnataka) helped out such Sikligar families who migrated for bread and butter along with families and their life become more vulnerable, specifically the education of children. Sheru Singh, a Sikligar Sikh from Koppal- Karnataka along with his 6 children, stopped going to school and started selling knives at local bus stand. The aged parents has no support to build a shelter however Nishkam took initiative to provide hutment for the family at Hubli with the support of local sangat. Now he is thankful to sangat/Nishkam donors for such positive help.

Similarly, Jhansi Kaur from Hubli- Karnataka is a widow of an alcoholic husband. She has 4 children whereas 2 daughters are married and her one son and daughter are mentally challenged. After the death of her husband she took the responsibility to take care of her husband's iron-smith's work but couldn't afford to survive in her own hutment. She is suffering from chest pain as well. Our volunteer Ms. Ranjit Kaur shared her story with us and we immediately took action. The lady was living at the mercy of nature. She was living as squatter and can be thrown out any time. We with the help of our generous volunteers from sangat come to her help and built a house for her safe stay while started giving financial support and ration etc. Now she feels a sense of security around her and smiling from heart.



WORK IN PROGRESS



So far we have built...

**188** New Houses



Being houseless equals being hopeless and your support is making them **hopeful**

## Providing support to Tanu's dream

Music knows no boundaries and so does the musicians. Tanu Kaur has a passion to learn Harmonium and sings pious Sri Guru Granth Sahib's hymens. A resident of Chander Vihar- New Delhi, her family background is very poor. Her father is a daily wage earner and can't afford to make ends meet. Tanu wants to stand for her family through music education and become a successful music artist or teacher to nurture her own well being and family's status too. Nishkam provided a new Harmonium to fulfill her dream.

At present 35 students are learning vocal music and 29 are attending Tabla classes everyday in Nishkam Music Center. Training is provided at a very reasonable rate; further concessions are provided to needy & deserving students by Nishkam. Many students have obtained diploma/ graduate degree from the Prayag Sangeet Samiti, Allahabad and have become music teachers in Govt. /Public Schools through Nishkam's support.



## Nishkam awards scholarships to marginalized but budding future hopes



Scholarships worth Rs. 16.5 Lacs were distributed to 456 students who had been selected on the basis of written test.

The scholarships were sponsored by Relief Committee of Greater New York- an organization run by NRIs based in New York (USA) along with Master Harbans Singh Memorial Scholarship (Perpetual Scholarships)

This scholarship is offered every year to brilliant students at school level. The Program covers students of Govt. and aided schools of Delhi.

Approximately 400 students are covered under the program every year and since inception about 4000 students have secured scholarships under the program.

The majority of recipients are female students from diverse backgrounds.

## University Scholars Attend Personality Development Workshop at Bathinda



In order to boost the morale, skill and self confidence among the beneficiaries', Nishkam hold 2 day motivational workshop at Guru Kashi University Talwandi Sabo, Punjab (Dt. 27-28 April -2018) The workshop covered the sessions on Interview techniques and Personality Development. The motto of the workshop was to provide not only the right orientation towards professional life but also to follow up good moral values, which is the core of human development mission in a diversified and changing world around.

The sessions were spanned for six hours each day. The series was attended by 86 students of Bathinda region, which was focused on boosting the confidence of the students and preparing them for good professional, personal and social lives.

## Nishkam distributes scholarships to needy school girls at Ghaziabad



As a part of its main initiative, Nishkam grants scholarships to 140 girl students of Guru Nanak Girls Inter College, Ghaziabad, U.P. who are pursuing school education from Class (IX to XII).

These girls comes from very poor strata of society and some of them require further facilities like uniform, stationary and transportation charges etc.

Nishkam has been constantly providing financial assistance to economically backward but promising students to help them fulfill their educational aspirations and secure a bright future.

This initiative is to support needy students who face financial constraints to pursue their education. This program is solely based on the academic performance of the students and the desire to complete their studies.

## Motivational session held at Nishkam Bhawan

A motivational lecture-cum-interactive session on the theme "Managing Yourself" was organised at Nishkam Bhawan on 21-April, 2018. The guest speaker on the occasion was Prof. Gurvel Singh, Motivational Speaker and Sikh Scholar. The interactive session was attended by large number of people, Staff of Nishkam, Nishkam members and local sangat from Vikaspuri and Tilak Nagar area. Prof. Gurvel Singh, in his storytelling technique shared the efficient use of time, potential and how to make opportunity from any negative or challenging situations. These days many people are under stress and their lives become sluggish. There's dire need to manage oneself rather than to manage the things around. He pointed that, It's much easier to remain within the boundaries of where you feel comfortable than it is to face the fear of venturing beyond them. But by limiting yourself to what you already know, you're likely missing out on professional opportunities, life experiences, and personal growth.



Prof. Gurvel Singh



## Free Medical Camp was organized at Nishkam



Nishkam in association with IPCA Laboratories and Aristo Pharmaceuticals organized a free medical check-up camp at Nishkam Bhawan (Project Office) on 1-April, 2018 to create awareness about general health and hygiene by specialist and experienced Doctors to the marginalized communities. In the camp, free clinical tests like: ECG, Uric Acid, HbA1c, Diabetic Blood Sugar and Thyroid tests were conducted. Free medicines were also provided to patients. General Physicians Dr. RS Gulati; Dr. Gul Sharma; Skin specialist Dr. JS Nanra (Nishkam President); conducted the free OPD check-ups. More than 120 patients availed themselves of the free check-up, free tests and medicines. Apart from doctors, the volunteers at the camp included Nishkam members and staff who offered their selfless services to make the event successful.

## Baljinder has achieved her dream of becoming a Professor



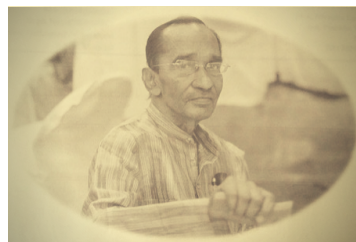
### Achiever

**Name:** Baljinder Kaur  
**Hometown:** Sangrur, Punjab  
**Work:** Assistant Professor (ASRA Group of Institutions, Sangrur, Punjab)

In 2014, while pursuing her engineering degree the financial situation at Baljinder's home became very challenging. Her father was struggling hard to support the family. For her father, a small level farmer, this was not a dream he ever imagined because due to societal and relatives' pressure he made the mood for Baljinder's marriage. When she completely understood her situation, she begged for some time from her father. He agreed and took loan from his friend to finance her studies. She had scored well in her academics and did not want to lose the edge, as she was confident about her caliber. At once she felt that she would have to give up her dreams of becoming a Software Engineer and Professor. When she came across the SHDF Scholarships advertisement in newspaper, she never believed she would achieve that. She stopped her father from going ahead for loan from his friend at compound interest. He also felt surprised to see such positive impact from SHDF scholarship help given through Nishkam.

"I never imagined that Punjabis who are living abroad can help their soil and roots in such a way, we always had one picture in our mind that they forget their land and never come back" shared by Baljinder. Inspired by her achievement, she went on to move to second step of her professional career, where she enrolled and got success in M.Tech. (Computer Science and Engineering degree course) from Bhai Gurdas Institute of Engineering & Technology, Sangrur. She is passionate about Data mining and currently working as Assistant Professor in Asra Group of Institutions, Sangrur, Punjab.

## Obituary



**Dr. M. Sarkar**, a very senior Orthopedic at Nishkam Medical Center passed away early on 31-March-2018 due to Heart Attack. He has been associated with Nishkam for almost 2 decades and serves the patients with dedication and sincerity. Nishkam has been deprived of the useful services of this dedicated volunteer of humanity. These days' Doctors' become too focused on technology and not enough on the people they were treating but Dr. Sarkar always hold smile and believe in humane healing. With a warm and friendly disposition, he was a much loved figure in Nishkam, where everybody looked up to him for guidance and inspiration. His strict but soft good nature will be deeply missed.

## A year of good reading FY- 2017-18



62  
Purchased New Books



169  
Renewed Memberships



3617  
Books Issued



7670  
Visitors

The Library serves as reading room and book-bank for needy and deserving students of nearby locality.

## LIBRARY AT NISHKAM BHAWAN

## You make turnarounds like this possible

On an average ₹2 Lacs per month are nurturing



Destitute Senior Citizens & Orphan Children



at our **Mata Gujri Sukh Niwas**  
An orphanage and old age home at Kharar (Punjab)

₹ 20.85 Lacs Family Assistance Program has been assisting 200+ needy families.



FY- 2017-18

## Abandoned But Not Lost

Some were abandoned by their families due to their lack of responsibilities or circumstances but your support is nurturing them

- ✓ Helping Single Parent/Widows
- ✓ Assisting families having medical history
- ✓ Fostering Orphan Children
- ✓ Supporting Senior Citizens