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ASSOCIATIONS

**NISHKAM TIMES**

NEWSLETTER  
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# Manas ki jaat sabhe ek hi pehchan bo

---Guru Gobind Singh ji---



ਮਾਨਸ ਕੀ ਜਾਤ

ਸਭੈ ਏਕੇ ਪਹਿਚਾਨਬੋ

Equality of Mankind

**Waheguruji ka Khalsa, Waheguruji ki Fateh**

Equality and brotherhood of mankind: Since about 1499, the Sikh Gurus have emphasized the concept of the equality of mankind in the sacred verses found in the Sikh holy scripture, Sri Guru Granth Sahib. Guru Nanak says in Japji Sahib: "Accept all humans as your equals, and let them be your only sect" (Japji 28), and Guru Gobind Singh tells the world: "manas ki jat sabhe eke pehchan bo - **recognise all of mankind as a single caste of humanity**". So during the 239 years of the Guruship of the 10 Sikh Gurus, this message of the equality of mankind was vigorously promoted by them. It was their mission to root-out the injustices and prejudices of discrimination from common human behaviour and to bring to the masses this concept in clear focus. Our great Gurus are the inherent examples for the world while illustrating:

**How Humanity exists in Diversity and Diversity exists in Humanity.**

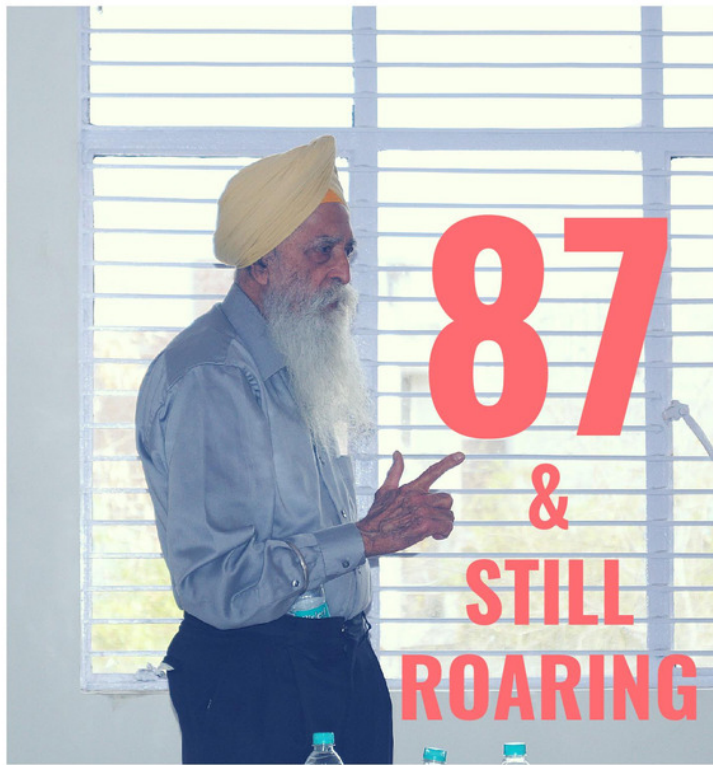
"No one is a Hindu and none a Muslim" were the first words pronounced by Guru Nanak Sahib and Guru Gobind Singh Sahib as a child covered both the pots simultaneously with his tiny hands. We at Nishkam since its inception in 1984 believe in serving humanity irrespective of caste, creed or religion. Our beneficiaries come from different religions and regions but we believe in 'Sarbat Da Bhala' implementing and reciprocating both respect and love for the entire mankind in our services.

**Thanks for supporting us to serve the humanity,  
the only supreme act in the service to the God.**



# Happy B'day S. Mohan Singh ji

8-MAY-2018



*S. Mohan Singh ji is one of a dedicated team member of Nishkam in Washington ; USA has been enhanced with age by the grace of Guru completed 87 years. The whole team of Nishkam pays regards for his valuable services specially in the field of raising funds. We pray may Almighty bless him with much more strength, vigour, good health and happy life every day and may he continue to inspire and guide us all for years to come.*



Session in Progress

## "Career Counseling Camp" held on 27th May-2018

Nishkam in association with Mission Education Trust and Youth Sangat, Dwarka (Delhi) conducted an interactive "Career Guidance" session for X and XII students on 27th May- 2018 The main focus of the session was to provide a direction to the students regarding the various types of available career options after completing their studies. The expert and well qualified career counselors guided students about having good aptitude towards applying for various Entrance exams/ Vocational training courses/ Skill development courses etc. The students were motivated to think about their skills and interests from Xth onward so that they can have a clear view of his/her career. In all, the event was a success and was worth every minute. The lectures were provided and more than 100 participants got benefited with the valuable inputs. S. Etinder Singh, S. Harman Singh, S. Dalbir Singh, S. Sarbjit Singh, S. Kulwant Singh and S. Ajit Singh guided the students on how to select a suitable field of career



## Multipurpose Van provided to MGSN

A new multipurpose 7 seater Van has been provided at Mata Gujri Sukh Niwas- an old age and orphanage project of Nishkam in Kharar, Punjab. The van will be used for daily activities and especially in case of emergencies, it will be available to shift the senior citizen or children for hospitalization.

# Youngsters to be self reliant

Nishkam with the help of volunteer groups and dedicated faculty is conducting career building training classes at a very nominal fees for **Computer learning, Personality Development, Typing/Shorthand courses/Music** and focusing entrance exams for needy students through our recently associated NGO- **Mission Education Trust.**

Nishkam in association with MET is providing educational training programs for students of higher education while preparing them for competitive exams mainly in Railways and Banking sector. At present more than 25 students are taking benefits from this program. MET is charging a very nominal monthly fee from needy candidates and as per our MOU, MET will give preference to students recommended by Nishkam Computer and Tuition Center.

## Pushing Skill development among underprivileged

Nishkam is working towards betterment of students, not only providing such training but giving scholarships, educational assistance as well as running various welfare projects for the needy. Majority of these students belong to the Economically Weaker Sections/ Minorities who can't afford cost of expensive training courses.



### COMPUTER EDUCATION

**110+** students are learning Basic and Advance level courses at Nishkam Bhawan. Many students got the jobs/running their businesses after attaining the knowledge. These facilities are also available in Punjab/Haryana as well.

### Typing/Shorthand

**68+** students are learning typing and shorthand skills. This is still in demand in many government/semi government establishments. There are very few Institutes who are running Typing and Shorthand courses and Nishkam is providing this facility for learning such skills.

### Tuition Classes & English Learning

**100+** students are getting everyday tuition classes from Class I-XII at Nishkam Tuition Center. They are also learning English language from experienced faculty.



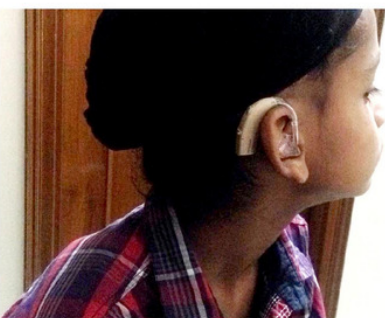
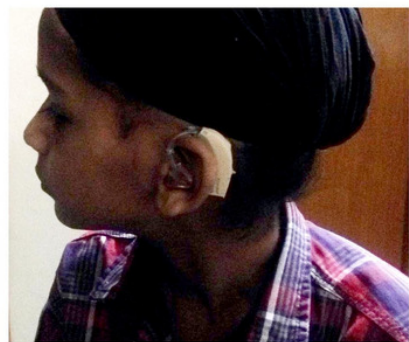
# Report by Nishkam team about their visit to our Udaipur project

Nishkam team consisting of S. Lakhwinder Singh, S. GS Kohli and S. Manmohan Singh (IIT- Delhi) visited Bedwas on outskirts of Udaipur City (Rajasthan) where Nishkam constructed 33 houses for the poor Sikhligar Sikh families in 2007. Nishkam is providing educational assistance to about 60 children of these families who are getting their education at Khalsa Public Senior Sec. School. During their visit the team learnt about the Drinking Water problem in this colony and recommended that a Borewell should be provided for meeting out the very important need of the residents. Accordingly **Nishkam has implemented their recommendations by providing a Tubewell at the cost of Rs. 30000.** Local sangat also raised some funds. For this project some ladies from these families expressed a desire to learn Punjabi and Gurbani for which **Nishkam team provided them a Punjabi Teacher and transportation arrangement from colony to Gurdwara Sahib on regular basis.**



## Master Amitojpreet Singh can hear now

"I had to find lot of difficulty in listening, breathing and in eating as well. It was disturbing my daily life and hampering my studies as well" said Amitojpreet Singh, an 11 years old young student from Amritsar, sponsored by our Donor S. Baldev Singh Vij residing in USA. Mr. Vij has been sponsoring Amitojpreet Singh and Anmoldeep Singh both brothers of poor family for their education. They lost their father in a tender age and getting assistance from Nishkam. S. Baldev Singh visited the family in Feb. 2018, during his India visit and came to learn about his deficiency in hearing. He on the spot took decision for his diagnostic care. Thanks to 'Selfless Sewadar, S. Kulwant Singh, a volunteer of Nishkam who helped this boy for getting the hearing aid through Amritsar based ENT specialist Dr. Padampreet Singh Batra fully funded by the sponsor. Amitojpreet is now leading a normal life.



## Performing while Transforming Highlights of Yamunanagar Project

May 2018

- No. of Donors: **392**
- No. of Patients: **1439** (Gen. OPD)
- Lab Tests Done: **124** (Clinical+X Rays)
- Dental Cases: **75** (Patients)
- Physiotherapy: **198** (Patients)
- Computer learning: **18** (New admissions)

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**NISHKAM MEDICAL SUPPORT AT**  
**NISHKAM BHAWAN-DELHI**  
 In the meanwhile we have renewed more than 200 medical cards at Nishkam medical center for providing concessional consultation, diagnosis and medicines

"Education was like a bridge to a better life for me," says Parveen, whose own dream of going to college in 2007 was dimmed by series of tough financial circumstances of his family. Too poor to afford college, he achieved SHDF scholarship to support his education in Guru Nanak Dev University-Amritsar. His first break came when he got job as Assistant Professor in Computer Science at Punjabi University Neighborhood Campus, Maur Mandi- Bathinda, just after completing Master's in Computer Applications program (MCA). Keeping his high ambitions to seeking stability he left the job and got permanent job as Clerk in Punjab Civil Secretariat and also got promotion in senior cadre. He got scholarships for three consecutive years from SHDF through Nishkam. Today he expresses his gratitude to SHDF and Nishkam for such a timely support. "It was a bit of an emotional roller coaster, at first. Not in my wildest dreams did I ever think I would continue my studies but there's always some help coming to lift us, when we are lying on ground zero" he says.

## Achiever



**Parveen Kumar**

**Work:** Clerk- Punjab Civil Secretariat, Chandigarh  
**Education:** Master in Computer Application (MCA)  
 Roll No: 18054  
**Scholarship Beneficiary**