





NISHKAM TIMES

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Nanak tina basant hai, jin ghar vaseya kant.



O Nanak, it is the spring season for those, within whose homes their (Husband) Lord abides



Waheguru ji ka Khalsa, Waheguru ji ki Fateh

It is a matter of privilege that we got a chance to serve humanity, Sometimes we think who is that governing force which is compelling us to do something wonderful around the world? Our hearts melt when we see someone's tears, and the one who is crying for support. Among millions few come forward to lead the way, to hold and support that deprived one. That is the blessing of Almighty on us which gives us courage and we feel that, today all over this planet, God is working through His people, accomplishing His purpose.

At times we can especially feel His work going through us in a specific way. Indeed, great joys flow to our spiritual walk from these experiences. May God bless us all with such "inspiring moments" when we bloom, where we are planted. Often we may not immediately sense the significance of our obedience but obedience always brings blessings and spring blossoms in our lives.

Be encouraged always.



Stitching new hope in Narinder's life



The selected beneficiary Ms. Narinder Kaur belonged to very poor family. She was struggling for her family needs and could not make her ends meet. With ailing old age her mother Ms. Roop Kaur was unable to carry on stitching work properly due to knee problem and weak eye-sight. Now her daughter took the initiative to be the responsible person for family and run the stitching work from home with our support.

Ms. Narinder has received a free sewing machine. Her family has been one of the survivors of 1984 massacre and for more than three decades she has been associated with Nishkam while stitching garments. She is grateful to Nishkam for making her capable to support her family. This initiative is a respect to her skill and income generation to an economically deprived woman.

Most of the women are widows, physically challenged or poverty stricken and having responsibility to look after their children in a dignified and self reliant manner.



Empowering Anita's Future



Anita (left) while receiving Sewing machine from Nishkam President & members

The grim reality in Ms. Anita's life has torn apart her dreams; she faced lot of exploitation at home and finally got divorced last year. She came to know about Nishkam and appealed for the support. She has received the sewing machine as the possible income generating source and this has helped her in gaining trust and feeling empowered in society. She is now able to have a stable livelihood.

"My confidence level has raised," says Anita.

"I appreciate all those respected donors of Nishkam who are supporting this wise cause. Through their help, women who experience domestic violence and who are financially vulnerable are getting new hope in their life. "I thank you from bottom of my heart."

We sold *Kachera*, *Pattkas* etc. and feel honored to preserve our dignity and culture (*Virsa*). Let's empower those hands that are sewing our articles of faith.

Every pair of Kachera that you purchase goes a long way to provide livelihood to needy widows and deserving ladies. This also helps for better healthcare for the families and education of needy children.

Glimpses of

Tailoring and Stitching Project

Nishkam interviews scholarship candidates for 2017-18



A total of 1024 out of 1088 short listed candidates enrolled in professional degree/diploma courses appeared for interviews. The interviews were conducted across 7 centers namely, Faridkot, Moga, Bhatinda, Ludhiana, Amritsar & Chandigarh in Punjab and at Nishkam Bhawan-New Delhi in (Dec. 2017-Jan. 2018) An introductory session of Nishkam's approach towards scholarships & education was imparted through coordinators and Nishkam volunteers. The students were addressed on moral values and their active involvement in nurturing the mindset for inclusive growth. Nishkam as an organisation that works towards the best interest of the poor, we ensure to make the best use of our resources.

Sharing is Caring

Visit of Dignitaries





S. Amarjit Singh Sodhi IAS (Retired)

S. PS Bammi Former CMD, NTPC



Just recently Founder Chairman of Sikh Human Development Foundation, USA (SHDF) S. Amarjit Singh Sodhi along with S. PS Bammi- Advisor of SHDF in India visited Nishkam office to have discussion with the management of Nishkam. He discussed the possibilities for scholarships advancement and to review the scholarship project and formation of Alumni Association. Sodhi ji specially felt privileged for his long term association with Nishkam. He praised Nishkam's selfless service for the welfare of 1984 riot survivors. Recalling the past memories, he shared his vision and mission of SHDF and its association with Nishkam. This led in establishing a strong relationship across thousand miles.

Let our deeds shine, not pride



S. Harbhajan Singh while addressing at Ulsoor Gurdwara in Bangalore

In order to connect, communicate and to know about needs and views of many Sikligar beneficiaries' based in Karnataka, S. Harbhajan Singh, the Founder President of Nishkam visited many districts recently.

Our associate Karnataka Sikh Welfare Council and Local Nishkam members also accompanied him. The project in Karnataka which has been running since 1999 is giving fruitful results through education, family welfare schemes from identifying to integration of nomadic tribes with society. Economically, they are extremely marginalized, with cases of child labor as well. Many students have completed their studies with Nishkam's support and many have started their careers with MNC's.

"Today many Sikhs are leading the way in ego of Sardari (swollen with pride) around but shun their responsibility to serve the downtrodden with humble heart whereas our great Gurus showed us the way to be the Sewadars (Selfless Volunteers) of mankind." said by S. Harbhajan Singh while addressing the gathering at Ulsoor Gurdwara in Bangalore.

There were many prominent faces, community leaders, socialites' and officials from minority commission of Karnataka who marked their presence and saluted Nishkam's mission and services being rendered through its various welfare projects.

Performing while Transforming Highlights of Yamunanagar Project





140 107 12
Tests conducted Patients Students
Clinical Lab.
Dental Care Computer Edu

IIT Delhi donated 10 computers to Nishkam

Such a kind gesture!



We got 10 computers in donation from IIT (Indian Institute of Technology, Delhi) to run our projects efficiently. The donation of computers is the outcome of an appeal by Nishkam and it is not the first time that IIT have donated computers and peripheral devices to us but they have been helping us in the past also. This gracious approach by IIT enables us to bridge the digital divide.

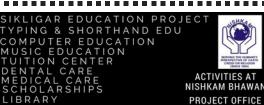
We are running various welfare projects where imparting computer education to needy students is one of the projects. Every year hundreds of students pass out and get certified which help them in career building.

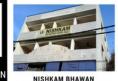
"My father is a Vegetable Hawker while my mother is a Helper at local school. They both earn very less but I want to transform our lives for betterment. This course will help me to get good job and enable me to be the earning pillar of family." shared by Preeti who is pursuing Graphic Designing course at Nishkam Computer Centre.



There are so many students like Preeti who are struggling to prove their worth to family and have a big responsibility on their shoulders to give a meaningful and resourceful direction for their own growth.

Donation of computer changes lives, creating opportunity and enabling someone to attain skill. Big thanks for such humanitarian act.





ACTIONS SPEAK LOUDER THAN WORDS

POWER OF DASWAND/CHARITY



Ankush Chhabra- a Software Professional completed his Engineering Degree with the help of our scholarship. Born in a small town in Abohar-Punjab, he's seen struggles of everyday life due to lack of money. He valued the scholarship as a social loan and gave back in many folds.

He donated Rs. 74000/- to Nishkam for helping needy students, once where he was standing for help. He became the role model for all of us.

NEW MEDICAL FACILITY LAUNCHED AT NISHKAM BHAWAN

NASAL CONGESTION
HEADACHES
SNORING
SINUS

Don't suffer anymore Please visit for relief

EAR NOSE THROAT



ENT Care @ Nishkam

4:15 pm to 5:15 pm Monday Tuesday Thursday

Dr. Dinesh Kumar MBBS, DLO, DNB II ENT Specialist





