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NISHKAM TIMES

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(L to R) S. Mohan Singh; Dr. JS Nanra

A Picture is worth a thousand words

S. Mohan Singh- a very dedicated Founder Member of Nishkam along with Dr. JS Nanra (Nishkam President) sharing the Fundraising counter at Gurudwara Sahib, Everett near to Boston in USA for fundraising. S. Mohan Singh Ji is living in USA but his heart beats for the suffering humanity. This is the spirit, he is carrying at this age of over 87 years. He is actively raising funds for Nishkam where he appeals to Sangat at various Gurudwaras in USA and Canada. Dr. Nanra, during his trip to USA, met him during December and discussed the betterment of Nishkam. Salute to the spirit of Nishkam Sewadars who have been proving that **"Youth has no age"** it's the passion which matters and aligned the spirited beings to channelize the energy for Sarbat Da Bhala (Welfare of All) & making exemplary moves rather than living a lethargic and isolated life.

Career Counselling Camp held at Nishkam Bhawan for 10+2 students

What after 10+2? A one-day career counseling camp was organized by Nishkam and its associate Mission Education Trust along with Youth Sangat Dwarka at Nishkam Bhawan on 27th Jan-2019. The students were counseled by Experienced Working professionals and expert faculties who guided them about numerous possibilities in choosing their professional courses. It was an interactive camp whereas parents of students also attended. They were given a powerpoint presentation regarding various career options and study programs available after senior secondary exams. Students were also made aware of many competitive exams.

Prof. Etinder Pal Singh, a well known Speaker>>>



Written Test held for awarding scholarships to deserving school children

Nishkam conducted a scholarship test for class VIII-XI students belonging to poor families. The test was held at different zones in Delhi viz. Sukho Khalsa Senior Secondary School-Tilak Nagar; Bhai Joga Singh Khalsa Girl's Sr. Sec. School- Patel Nagar; S.G.N.P Girls Sr. Sec. School- Shahbad Markanda (Haryana); Guru Nanak Girls' Sr. Sec. School- Gandhi Nagar and at GHPS School-Hargobind Enclave (East Delhi) in two phases (Dec-Jan) Over 250 candidates appeared for the test. The Relief Committee of Greater New York (USA) and Nishkam under its Perpetual Scholarship scheme "Master Harbans Singh Memorial Scholarships" provide scholarships for class XI-XII students every year. This scheme was started about 25 years back in sweet memory of our dedicated General Secretary, Late Master Harbans Singh Ji.



About Master Harbans Singh: He was a dedicated Sewadar of Nishkam, who came in the Nishkam's fold in the most difficult times of 1984 -1985. He was a teacher by profession and rendered his valuable and dedicated services up to November 1993, when while coming back from Amritsar, after completing a Sewa mission, he met with an accident and departed from this world along with his wife. In recognition of his dedicated Nishkam Sewa, this scholarship programme was instituted.



Enabling Kajal to stand on her own

Childhood is the most joyous and happy time in everyone's life. However for some, like Kajal and her family, memories of a disastrous childhood days haunt them. She belongs to the Sikligar family of Delhi. She's the youngest among her 5 sisters and recently completed her first year of General Nursing and Midwifery or GNM course. Nishkam is financially supporting her ambition so that she can stand as a financially liberated woman and support her family in the future. The family has lost the father and they used to live in dreadful conditions. Her elder sisters (both illiterate) are earning their bread and butter by stitching garments at home. They both are a divorcee and their mother has to do menial jobs to manage the family. Nishkam provided Sewing Machines under its Family Assistance Scheme to let them rise out of poverty and work toward a promising future. Earlier Kajal had completed her schooling with help from Nishkam.



Ms. Kajal

A visit to Haryana for Sikligars

A three-member Nishkam team (S. Daljeet Singh; S. Harvinderjit Singh and S. Parwinder Singh) visited Kharkhoda, Sonipat (Haryana) on a day-long trip to meet Sikligar students and their parents. They counseled the students being supported by Nishkam and emphasized the importance of education for them. During their interactions with the parents, they urged them to encourage their children to be regular in going to schools. Nishkam has been supporting these children through education and appointed a Tuition Teacher to assist these students after school hours. Nishkam Sewadars frequently undertake such trips to their bastis and try to coordinate with families and beneficiaries' throughout India.



Spinal Injury Awareness Camp at Mata Gujri Sukh Niwas



S. Jaswinder Singh Khalsa



S. Amanprateek Singh

Nishkam in association with Sarbat Da Bhala Handicapped Lok Bhalai Sanstha; Nadar Foundation and All India Handicap Service Society (Punjab) organized a very first Regional level Spinal Injury Awareness Camp on 2nd Dec-2018 at Mata Gujri Sukh Niwas for differently abled people. The participants included ones who survived brain or spinal injury and the camp aimed at boosting their morale and helping them develop a positive outlook. Prof. Jaswinder Singh (President of Nadar Foundation) explained the purpose of camp and said, "Persons with disabilities should never feel alone, as there exist organizations like Nishkam, Nadar and Sarbat Da Bhala for their welfare".

Prof. Singh is a very dedicated Nishkam Sewadar and coordinating his services at Ludhiana along with Nadar Foundation's General Secretary S. Amanprateek Singh. The camp was attended by more than 100 physically challenged people to receive treatment and in some cases, prosthetic limbs, calipers, crutches & wheelchairs also.

Examination at Nishkam Music Center

Over 90 West Delhi based students appeared in written examination (Instrumental/ Vocal and Tabla) held at Nishkam Bhawan. The mega test was conducted by Prayag Sangeet Samiti, an organization working for the education of Hindustani Classical music. It awards Diplomas and Certificates. Nishkam is running a Music Centre affiliated by Prayag Sangeet Samiti, Allahabad. Many students have obtained a Diploma/ graduate degree and have become music teachers in Govt. /Public schools.



Get Well Soon S. Gurcharan Singh ji

S. Gurcharan Singh, our very senior and dedicated member of Nishkam recently **suffered a stroke** and is now recovering at home. We wish him speedy and complete recovery so that he may resume Nishkam Sewa soon.



Graduation Ceremonies at Faridkot



ਕੋਟਲਪੁਰਾ ਵਿਖੇ ਨਿਸ਼ਕਾਮ ਕੰਪਿਊਟਰ ਸੈਂਟਰ ਅਧੀਨ ਕੰਪਿਊਟਰ ਵਿਗਿਆਨ ਪੜ੍ਹਾਈ ਕਰ ਰਹੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਰਟੀਫਿਕੇਟ ਵੰਡਣ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ ਸਿੱਖ ਸੰਗਤਾਂ, ਗੁਰਦੇਵ ਸਿੱਖ ਚੰਦਰਾਪਾ ਅਤੇ ਹੋਰ। ਤਸਵੀਰ: ਮਿੱਠੇ

ਨਿਸ਼ਕਾਮ ਸਿੱਖ ਵੈਲਫੇਅਰ ਕੌਂਸਲ ਵਲੋਂ ਸਿਖਿਆਰਥੀਆਂ ਨੂੰ ਸਰਟੀਫਿਕੇਟ ਵੰਡੇ

ਕੋਟਲਪੁਰਾ, 2 ਦਸੰਬਰ (ਮੁਖਬਰ)— ਨਿਸ਼ਕਾਮ ਸਿੱਖ ਵੈਲਫੇਅਰ ਕੌਂਸਲ ਨਵੀਂ ਦਿੱਲੀ ਵਲੋਂ ਸਿੱਖਿਆਰਥੀਆਂ ਦੀ ਸੇਵਾ ਲਈ ਕੰਪਿਊਟਰ ਸਿੱਖਿਅਕਾਂ ਦੀ ਸੇਵਾ ਨੂੰ ਵੱਧਾਉਣ ਲਈ ਕੋਟਲਪੁਰਾ ਵਿਖੇ ਕੰਪਿਊਟਰ ਸੈਂਟਰ ਖੋਲ੍ਹਿਆ ਗਿਆ। ਇਸ ਸੈਂਟਰ ਵਿੱਚ ਕੰਪਿਊਟਰ ਸਿੱਖਿਅਕਾਂ ਦੀ ਸੇਵਾ ਨੂੰ ਵੱਧਾਉਣ ਲਈ ਕੋਟਲਪੁਰਾ ਵਿਖੇ ਕੰਪਿਊਟਰ ਸੈਂਟਰ ਖੋਲ੍ਹਿਆ ਗਿਆ। ਇਸ ਸੈਂਟਰ ਵਿੱਚ ਕੰਪਿਊਟਰ ਸਿੱਖਿਅਕਾਂ ਦੀ ਸੇਵਾ ਨੂੰ ਵੱਧਾਉਣ ਲਈ ਕੋਟਲਪੁਰਾ ਵਿਖੇ ਕੰਪਿਊਟਰ ਸੈਂਟਰ ਖੋਲ੍ਹਿਆ ਗਿਆ।

In order to celebrate the completion of yet another batch of students, our Faridkot center held a Graduation Ceremony, for the passing out students. The students, who had completed their courses in Computer and Stitching, were honored by giving certificates. The certificates were given by notable Faridkot based dignitaries. Following the certificate distribution, the students were served *Guru ka Langar*. A batch of 55 students successfully completed their preliminary course in Computer Training and 25 women completed Tailoring/Stitching course. We are sure that their hard work and diligence will help them find appropriate jobs or they may earn their livelihood by starting own business. Local Press covered the event.



ਭਾਈ ਘਨੋਈਆ ਨਿਸ਼ਕਾਮ ਕੰਪਿਊਟਰ ਸੈਂਟਰ ਅਧੀਨ ਕੰਪਿਊਟਰ ਵਿਗਿਆਨ ਪੜ੍ਹਾਈ ਕਰ ਰਹੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਰਟੀਫਿਕੇਟ ਵੰਡਣ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ ਸਿੱਖ ਸੰਗਤਾਂ, ਗੁਰਦੇਵ ਸਿੱਖ ਚੰਦਰਾਪਾ ਅਤੇ ਹੋਰ। ਤਸਵੀਰ: ਮਿੱਠੇ

ਕੰਪਿਊਟਰ ਸੈਂਟਰ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਰਟੀਫਿਕੇਟ ਵੰਡੇ

ਕੋਟਲਪੁਰਾ, 30 ਨਵੰਬਰ (ਜਸਵੰਤ ਸਿੰਘ ਪੁਰਾਣਾ)—ਭਾਈ ਘਨੋਈਆ ਨਿਸ਼ਕਾਮ ਕੰਪਿਊਟਰ ਸੈਂਟਰ ਅਧੀਨ ਕੰਪਿਊਟਰ ਵਿਗਿਆਨ ਪੜ੍ਹਾਈ ਕਰ ਰਹੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਰਟੀਫਿਕੇਟ ਵੰਡਣ ਦੀ ਸਮਾਜਿਕ ਸੇਵਾ ਸਿੱਖ ਸੰਗਤਾਂ, ਗੁਰਦੇਵ ਸਿੱਖ ਚੰਦਰਾਪਾ ਅਤੇ ਹੋਰ। ਤਸਵੀਰ: ਮਿੱਠੇ

Because of You, Lives are transformed

The family of five was sharing one roof along with their livestock but it all changed with your support S. Gurdev Singh, (72 years old) - A daily wage laborer was living in misery in Village Kamiana, Faridkot (Punjab). He lost his son 16 years ago; he was the only breadwinner of his family. The family of five which includes his three granddaughters, daughter-in-law and cattle have been living in a small kutchra house, which could collapse any time but with the support of Sadh Sangat and efforts of dedicated Nishkam's local volunteers, they can breathe in a safe atmosphere. It was a dream come true for S. Gurdev Singh as Nishkam constructed a pucca house for his family. A sobbing S. Gurdev Singh has no words but tears to express his gratitude. He conveyed "Shukrana" to all those hands (Donors) who supported and constructed their pucca house. So far, Nishkam has constructed more than 200 houses for poor and needy in different parts of India including Tamilnadu during Tsunami as well.

Where your funds go? 2018- At a glance

- 2.07 Crore** Scholarships for needy and ambitious students of Universities & Schools
- 1.13 Crore** You are providing support in: Scholarships & School Dues, Stationary and Uniforms, Running School Bus, Moral Edu. Teachers, Tuition Teachers
- 30 Lakhs** MATA GUJRI SUKH NIWAS ORPHANAGE & OLD-AGE HOME. You are nurturing: Senior Citizens; Orphan/needy children in getting education & fostering a sense of love and belonging.
- 14.17 Lakhs** Spent on needy children from underprivileged families who can't afford fees, books, stationary, uniforms & bags etc.
- 11.83 Lakhs** You are supporting the abandoned and needy families, helping single parent/widows and senior citizens
- 10.40 Lakhs** Built hopes and homes for poor
- 4.20 Lakhs** Provided support in curing/relieving regular patients, free medical card holders, medicines & tests
- 3.91 CRORES**



ਪਿੰਡ ਕੰਮੋਆਣਾ ਨੇੜੇ ਫਰੀਦਕੋਟ ਦੇ ਗੁਰਦੇਵ ਸਿੰਘ ਦਾ ਪਰਿਵਾਰ



ਗੁਰਦੇਵ ਸਿੰਘ ਪਿੰਡ ਕੰਮੋਆਣਾ ਦਾ ਬਣੇ ਠੀਕ ਠੀਕ ਘਰ

BEFORE

AFTER



Nishkam would like to thank its donors, Supporters & Volunteers for their dedication & commitment to the cause of underprivileged. We tried our best to eliminate pains & setbacks affecting mankind & encouraged them to lead a healthy & happy life through various welfare projects. We hold events; request people to come forward for charity, humanity & empathy & get amazing results. Our efforts to generate more & more funds for our welfare projects was possible only because of your persistence, patronage & commitment that we have been able to do something for suffering humanity.



Ms. Teena Kaur Pasricha, a Filmmaker and Cancer Survivor

Cancer awareness camp held at Nishkam

Cancer cases in our society are increasing and it becomes essential that the disease is detected at the earliest for proper treatment and cure. Keeping that perspective in view Nishkam in association with ROKO cancer charitable trust organized a camp on 9-Dec at Nishkam Bhawan for creating awareness on Breast, Oral and Cervical cancer, and their early detection. A team of specialist doctors and support staff from ROKO cancer started the check up and detection process. Doctors screened males and females in separate rooms. Mammography was conducted on an exclusive mobile bus. They did a thorough check-up for diabetes and high blood pressure as well. The camp received an overwhelming response and 150 patients were enrolled for the medical checkup. A team of Nishkam volunteers extended their helping hand for making this event a grand success. Ms. Teena Kaur Pasricha, a cancer survivor also inspired patients and killed the "fear factor" with her experiences and insights.

Nishkam Stall at Gurdwara Rakabganj

On the occasion of Parkash Purab of the tenth Guru Gobind Singh (13th-Jan-2019), Nishkam exhibited its mission at Gurudwara Rakab Ganj Sahab, New Delhi in full colors by distributing flyers, brochures and sold *Kachheras* (Article of Sikh faith). People from all walks of life took interest and felt impressed to see how Nishkam is nurturing the spiritual concept of Sarbat Da Bhala through various welfare schemes. **Earlier on 13-Dec-2018**, Nishkam put up a stall at this gurdwara on the martyrdom day of *Guru Teg Bahadur Sahib Ji*. It is overwhelming to see that people are taking a keen interest in sharing perspective "Vand Chakko". We all are doing everything for our own comforts in life but what about our underprivileged brethren? Who will take care of them? A Sikh is expected to contribute a portion of his income (Dasvandh) to people in need or to a worthy cause. Dasvandh literally means a "tenth part" and refers to the practice among Sikhs of contributing in the name of Guru, one-tenth of their earnings towards the welfare of humanity.



Above: S. Harbans Singh Arora (Center)



Visit of S. HS Arora at Nishkam Bhawan

On 4th January, a very senior member of Nishkam, S. Harbans Singh Arora visited Nishkam Bhawan with his family on his trip to India from United Kingdom. He always makes it a priority to visit Nishkam and exchange pleasantries with members and staff of Nishkam every year. On that day, two needy women Ms. Harjinder Kaur and Ms. Gurwinder Kaur were given Sewing Machines by him. He wished them the best of luck for their bright future. Nishkam with the help of generous donors always thinks of the prosperity of downtrodden linking with self-employment opportunities.

Annual General Body Meeting of Nishkam

A General Body Meeting was held on 26th January 2019 at Nishkam Bhawan. 19 members participated and discussed the betterment of welfare schemes. On the occasion, Office bearers of Nishkam also shared about various issues and concerns of the projects and schemes. Dr. JS Nanra (Nishkam President) urged upon the members to take the mission to new heights of excellence. S. Harbhajan Singh (General Secretary) presented the performance highlights and S. AS Walia (Treasurer) shared the accounts summary of FY 2016-17 and 2017-18. Dr. Nanra acknowledged the trust and confidence of the Donors, Members and reiterated his commitment to pursue growth opportunities for the Nishkam. A two-minute silence was also observed in the memory and honour of deceased members.



Visit of S. Amarjit Singh Sodhi ji at Nishkam Bhawan



S. Amarjit Singh Sodhi

Founder Chairman of Sikh HumanDevelopment Foundation, USA (SHDF) S. Amarjit Singh Sodhi visited Nishkam office on 28th January to have an interaction with members of Nishkam. He discussed the possibilities for scholarships advancement and to review the scholarship project. Recalling the past memories, he shared his vision and mission of SHDF & long-standing association of both organizations and mutual understanding. His visit helped in strengthening the bond of both organizations.

what they're saying

Testimonials



I congratulate the management of Nishkam for their selfless service to the society and wish them success in their endeavor *Prof. V. Ramgopal Rao. Director, IIT Delhi*