



Independence Edition

33 Years  
of

# NISHKAM TIMES

NEWSLETTER  
August &  
September 2018



**SEWA** | SCHOLARSHIPS  
EDUCATION  
WELFARE  
ASSOCIATIONS

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## Scholarship written test and interviews for Professional Courses

Over 1300 needy professional degree students appeared for the Scholarship written test and interviews.

Nishkam conducted a scholarship written test on 9th September, 2018 in Punjab and New Delhi. More than 800 professional degree/diploma students appeared for this year's scholarship program.

There were around 471 students who appeared for interviews in Faridkot, Bathinda, Moga, Chandigarh, Amritsar, Ludhiana and New Delhi centers for Renewal of their scholarships.

**Nishkam in association with Sikh Human Development Foundation, USA (SHDF) has been distributing scholarships every year to economically weaker but brilliant students, with maximum annual family income of Rs. 1, 80000/- and securing minimum 60% marks in their academics enrolled in professional degree and diploma courses from various educational institutions in Punjab and Delhi.** Majority of these students are from rural background. It is remarkable that despite such odds, they are striving to get education in order to do something for them and for the family.

We would like to express our heartiest thanks to our dedicated members, volunteers and staff for the valuable cooperation they extended for the success of this Written-Test and Interview session at all centers.



## Nishkam raises funds for welfare

On Saturday (29th September 2018) local Sangat of Ajay Enclave, Ashok Nagar and Meenakshi Garden gathered for weekly Kirtan Diwan at Gurudwara Sri Guru Singh Sabha, Ajay Enclave. The event also served as a fundraising opportunity as well as a platform to impart the message/achievements of Nishkam. S. Harbhajan Singh- Founder Member addressed the Sangat and shared Nishkam's performance.

**In the event, Gurdwara President-S. Ajitpal Singh Bindra was overwhelmed knowing about Nishkam's contributions in promoting education. He generously contributed along with sangat, Rs. 1.25 Lacs for the education of 5 needy professional degree students.** Mr. Bindra is also leading Shikshapeeth College of Management and Technology, as a President at Tilak Nagar- New Delhi and as an individual he knows the financial barriers and pitfalls which students are facing in getting the quality education and where Nishkam comes as selfless supporter for them. Nishkam is profoundly grateful to have the support of the Sangat for the noble cause.

*Nishkam had started a new initiative for Local Fund Raising whereas programs are booked in different Gurdwaras' in Delhi and S. Harbhajan Singh- Nishkam's Founder Member, address the Sangat and appraise about various welfare activities of Nishkam and also appeal the sangat to contribute for this noble cause.*



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# Activities of Nishkam's Orphanage, Kharar (Punjab)

## Art and Craft Workshop

A total of 32 orphan students of Mata Gujri Sukh Niwas participated in an Art and Craft workshop conducted by Pidilite and Wastav's (an NGO) association for children of the orphanage home on 15th Sep-2018. It was a fun filled, intellectually stimulating and exciting exercise for children. Activities such as painting, calligraphy and poster designing etc. were held as part of the workshop. The young generation are 'addicted' to mobile phones and slowly forgetting the art of making and creating something beautiful with their hands. These exercises will promote the real value of 'handmade' and preserve the grace and talent of youngsters to build confidence and to provide a platform for them to give exposure to their talent. After successful completion of workshop, every child was given a certificate by Pidilite.



## Excursion Trip

An excursion trip stirs a ray of sunshine for kids and senior citizens at Mata Gujri Sukh Niwas- an orphanage and old age home of Nishkam. The ambitious and caring project initiated in 1993 is bringing cheer to beneficiaries'. These kids and senior citizens who are unable to visit their relatives during vacation for various reasons are given a chance to enjoy the outing. It's just a way of overcoming from their monotonous routine. They visited Greston Resort Khanpur and enjoyed the company. These beneficiaries' do not get the warmth of a family as their parents or their own children have either abandoned them or are unable to take them home even during the holidays. Your efforts are lifting their morale and they never feel abandoned.



## Visit of Dignitaries

Dr. Rajwant Singh a very senior member of SHDF (Sikh Human Development Foundation, USA) visited Nishkam Head-quarter at New Delhi and held discussions with members of Nishkam about implementation and strengthening the scholarship project. **A founder member of SHDF, Dr. Singh has been in charge of community outreach programs. A Dentist by profession and known community leader, he has been the Executive Director of Guru Gobind Singh Foundation Maryland for 20 years and the National Chairman of the Sikh Council on Religion and Education, USA, for 10 years.**

Dr. Singh also visited during his visit to India at Ludhiana Centre to witness the SHDF Scholarship Written Test (9-Sep-2018) and interacted with aspirants along with their parents in order to get their feedback and know about the impact of the SHDF Scholarships in their lives. He addressed the students at Guru Nanak Dev Engineering College (GNDE) Auditorium Hall, Ludhiana while talking about the Socio-economical pattern and society's attitude towards betterment; he inspired the audience through the examples of Guru Nanak's teachings as well as other global leaders. The scholars exchanged views and aspirations with him. We are thankful to Dr. Rajwant Singh for sparing his valuable time for the benefit of the students and serving humanity.



Dr. Rajwant Singh along with Nishkam Sewadars (above) While interacting with Scholar and their parents at GNE College- Ludhiana (below)





# Nishkam at IIT-Delhi



S. Harbhajan Singh while addressing the gathering (Above)  
Nishkam Team while interacting with visitors (Below)



On the occasion of Janmashtami, IIT- Delhi celebrated the day with spiritual and religious activities. Celebrations began in the late evening in Community Centre of IIT New Delhi on 3rd-Sep-2018. On this occasion we exhibited our mission while distributing Flyers and Brochures. People from all walks of life, took interest and felt impressed to see how Nishkam is nurturing the spiritual concept of Sarbat Da Bhala through various welfare projects.

**The real meaning of Janamashtami is to become a karmayogi like Krishna. Karma yoga is action (karma) performed without expectations or thought of reward (Nishkam Karam) His message in the Gita stated that a man is bound to get the fruits of his actions and that one should always follow the right path and never tolerate injustice. Our great Gurus have asked us to follow the same path- To be Nishkami and devote the life for Sarbat Da Bhala (Welfare of all)**

S. Harbhajan Singh the founder member of Nishkam cited the example of Sudama and Krishna where Krishna gives message with his character that to never feed alone; share with needy person. It is a formula to be wealthy and prosperous. He shared while addressing in brief about Nishkam's involvements along with S. Harbhajan Singh (Gen. Secy.); S. GS Kohli and Prof. V. Ramgopal Rao (Director-IIT, Delhi)



## Promoting Nishkam at Sangrur

The Gurudwara Fundraising event was once again held in a local Gurudwara at Sangrur- Punjab on 18-Aug-2018. The event was organized by local federation of Shri Sukhmani Sahib Sewa Society. Our dedicated members S. GS Kohli and S. RS Gujral represented Nishkam and promoted the real message of Sarbat Da Bhala (Welfare of All) which Nishkam has been working since its inception. The event was successful and money was raised for needy. The Sangat was impressed by the welfare services of Nishkam.



## Bridging Digital Divide

### Provided Laptop for Jasmine's Engineering dream

Jasmine Kaur is pursuing B. Tech in Computer Science from Guru Nanak Dev Engineering College, Ludhiana. Her father being a Carpenter is unable to pay her fee for engineering degree course. It takes her two hours every day from her village Rurka Kalan (Jalandhar) to get to college at Ludhiana. She has to change two buses every day and travel 50 km to get there through local autos as well but despite such odds her commitment for studies never went down.

Nishkam in its initiatives thought of supporting her by way of donating a new Laptop through Sikh Human Development Foundation, USA (SHDF) to further facilitate with basic gadgets. She feels honoured to receive the laptop.

# Success Story of Harpreet Singh



**Name:** Harpreet Singh  
**Roll No-** 20121001  
**Course:** B. Tech. (Electronics & Communication Engineering)  
**Work:** Design Engineer at NXP Semiconductors. Noida



"I lost my father when I was just two year old, we had no financial support and my uncle took care of the family. My mother started tailoring work at home and earned livelihood. It was all gloomy period for me. I wanted to study so that I could support my family in future. I couldn't even think of getting admission in engineering degree course but my future was destined by God. He knows who we are and where we have to be. I took admission in B. Tech course in GTBIT of Delhi. The engineering fee was not affordable for my family and my uncle took loan from relatives and friends. I felt it is my responsibility to repay the remaining fee and I started searching for scholarships. I attained a very good academic score and was quite confident to get some scholarship. Then I came to know about SHDF Scholarships from my college professor and was awarded scholarship of Rs. 24000 in 2013. I got the scholarship for three consecutive years. It helped me a lot to pursue my higher studies; I was able to complete degree in Electronics and Communication Engineering. I gained a lot of confidence and improved my communication skills as well to perform better at interviews and group discussions. Today I am working with NXP Semiconductors N.V. which is a Netherlands based global semiconductor manufacturer. I am working at their Noida (India) based design Center for more than 2 years as a Design Engineer. Tomorrow, I would like to support many needy students like me who are struggling a lot for their betterment."

## Highlights of Medical Center at Nishkam Bhawan, Delhi



## Highlights of Yamuna Nagar Project

528- R, Model Town, Yamuna Nagar (Haryana)

About the Project: Spreading in an area of 1000 sq. yds., the Medical Centre is equipped with OPD unit and a clinical lab. It is being run by a team of expert doctors, who are providing consultations and treatments. This building also houses the office of Nishkam Local Project Committee and Nishkam Computer Training Centre.

Aug. 2018



Sep. 2018

### Medical Care Stats

1421	OPD Patients	1634
730	Lab Tests	752
95	Ultrasound	78
64	X- Ray	93
72	CT Scan/MRI	36
1420	Pharmacy	1535

On average we are giving concessions of **Rs. 60000 per month to beneficiaries for Diagnosis/Medicines**



August 2018

396 Donors contributed  
Rs. 38450 for welfare



September 2018

397 Donors contributed  
Rs. 21390 for welfare



### Medical Care Stats

1522	OPD Patients	1592
412	Lab Tests	402
8	ECG	12
166	Dental Care	110
34	Dental X- Ray	28
33	Physiotherapy	102

27 Students are getting  
Computer Education



20 Students are getting  
Computer Education



## Testimonials

Each time you help someone in need, you get immense happiness and satisfaction. I am grateful for all that Nishkam has done to help me. The knowledge, genuine care and above all the human touch which Nishkam have been giving to their patients is just incredible. I highly recommend everyone to use services of Nishkam.

**Ahmad Yama a Skin Patient from Afghanistan**